

Gender-Based Violence (GBV)

Anyone can become a victim to gender-based violence and it is important to understand the definitions as gender-based violence can be detrimental to someone's mental health. Those experiencing GBV or are survivors of GBV are at greater risk for depression, anxiety, substance misuse disorders, post-traumatic stress disorder, and suicide attempts.



GBV refers to interpersonal violence including sexual violence, intimate partner violence/domestic violence, stalking, and other forms of coercive control and violence. Understanding the definitions can help recognition and awareness.

Included in gender-based violence are:

Sexual Violence:

Sexual activity that is not consented to or given freely.

Stalking:

Pattern of repeated harassing or threatening behavior by another person causing fear or safety concerns

Intimate Partner Violence/Domestic Violence:

Physical violence, sexual violence, stalking, psychological aggression, control of sexual and reproductive health by a current or former partner.

Domestic Violence can also include:

- Animal Abuse
- Child Abuse
- Family Violence
- Teen Dating Violence
- Human Trafficking
- Legal Abuse

Ways to support preventative factors to gender-based violence:

- **Teach safe and healthy relationship skills -**
Support learning programs for youth.
- **Influential adults and peers -**
Support family-based programs.
- **Disrupt the developmental pathways -**
Support parenting skill and family relationship programs.
- **Create protective environments -**
Improve school climate and safety.
- **Strengthen economic supports for families -**
Support household financial security.
- **Support survivors to increase safety -**
Support crisis housing programs and victim-centered services.

Visit www.bannerhealth.com/medicaid-gbv to view a list of Arizona agencies in your area that can help provide support victims of gender-based violence

About **1 in 5** women 
and **1 in 13** men 
have experienced contact sexual violence by an intimate partner.

14% of women
and
5% of men
report having been stalked by an intimate partner.


About **1 in 3** women  and About **1 in 4** men 
report having experienced severe physical violence from an intimate partner in their lifetime.