



Banner
University Family Care

Adult Specialty Provider Directory

How to Use the Digital B – UFC Specialty Provider Directory

The following directory is being made available for providers to support in identifying specialty services and programs that are open to receiving external referrals. The directory contains a list of AHCCCS covered services that can be utilized by Banner – University Family Care (B – UFC) ACC members.

The directory includes contacts, AHCCCS covered services, program descriptions and referral in details to support our member's General Mental Health and Substance Use (GMH/SU) covered services. Which include: Crisis Stabilization, Service Plan Development, Initial and Ongoing Crisis Planning, and support for unique populations.

Click-able Directory Feature

AHCCCS covered services are available by commonly utilized service types. Each service type has a breakdown of counties that serve B – UFC /Banner Medicare Advantage Dual HMO D-SNP members. Providers that offer the identified AHCCCS covered service have an imbedded link. Clicking on the provider agency will take you to the program descriptor and referral contact. This is also available for each provider listed in the table of contents.

Agencies listed in this directory are contracted with B – UFC, this may not reflect all Behavioral health Providers, for additional General Mental Health/ Substance Use providers, please refer to <https://www.banneruhp.com/find-a-provider> provider look-up.

For more information on fidelity to ART practice, refer to the AHCCCS Adult Recovery Team or (Adult Clinical Team): <https://www.azahcccs.gov>

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General Information

Medication Assisted Treatment (MAT)

Medication Assisted Treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders.

The Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act affords practitioners greater flexibility in the provision of medication-assisted treatment (MAT).

Peer Services (Peer Support)

This may involve assistance with more effectively utilizing the service delivery system (e.g., assistance in developing plans of care, identifying needs, accessing supports, partnering with professionals, overcoming service barriers) or understanding and coping with the stressors of the person's disability (e.g., support groups), coaching, role modeling and mentoring.

Peer support services are intended for enrolled persons and/or their families who require greater structure and intensity of services than those available through community-based recovery. These services may be provided to a person, group or family and are aimed at assisting in the creation of skills to promote long-term, sustainable recovery.

Service Standards/Provider Qualifications

Individuals providing peer services must be employed by or contracted with a Community Service Agency or a licensed facility allowed to bill the procedure code. Community Service Agencies providing this service must be Title XIX certified by AHCCCS.

Self-help/peer services are provided by those who have been credentialed as Peer/Recovery Support Specialists through an AHCCCS BEHAVIORAL HEALTH SERVICES approved Peer Support Employment Training Program, self-identify as a "peer" and are qualified as behavioral health professionals, behavioral health technicians, or behavioral health paraprofessionals as defined in 9 A.A.C. 10. A "peer", as referenced in these provider qualifications, is defined as an individual who is, or has been a recipient of behavioral health services or substance abuse and has an experience of recovery to share.

Crisis Support

A Crisis is when a person presents with a sudden, unanticipated, or potentially dangerous behavioral health condition, episode, or behavior. Crisis intervention services are provided to a person for the purpose of stabilizing or preventing a sudden, unanticipated, or potentially dangerous behavioral health condition, episode, or behavior. Crisis intervention services are provided in a variety of settings or over the telephone. These intensive and time limited services may include screening, (i.e. triage and arranging for the provision of additional crisis services) counseling to stabilize the situation, medication stabilization and monitoring, observation and/or follow-up to ensure stabilization, and/or other therapeutic and supportive services to prevent, reduce or eliminate a crisis situation.

Solari Crisis Line:

988 or Arizona Statewide 844-534-4673

AHCCCS COVERED SERVICES

Behavioral Health Counseling and Therapy Services

An interactive therapy designed to elicit or clarify presenting and historical information, identify behavioral problems or conflicts, and provide support, education or understanding for the person, group or family to resolve or manage the current problem or conflict and prevent, resolve or manage similar future problems or conflicts. Services may be provided to an individual, a group of people, a family or multiple family.

COCHISE

- [Ascend Healthcare](#)
- [CHA](#)
- [Charlie Health](#)
- [Chiricahua Community Health Center](#)
- [CMS](#)
- [CPIH](#)
- [ESBF](#)
- [Pinal Hispanic Council](#)
- [Resilient Health](#)
- [SEABHS](#)

GILA

- [Ascend Healthcare](#)
- [CBI](#)
- [Canyonlands Healthcare](#)
- [Charlie Health](#)
- [ESBF](#)
- [Horizon Health Wellness](#)
- [SBHS](#)

GRAHAM

- [Ascend Healthcare](#)
- [Canyonlands Healthcare](#)
- [Charlie Health](#)
- [CMS](#)
- [CPIH](#)
- [ESBF](#)
- [SEABHS](#)

GREENLEE

- [Ascend Healthcare](#)
- [SEABHS](#)

LA PAZ

- [Ascend Healthcare](#)
- [CHA](#)
- [Charlie Health](#)
- [CMS](#)
- [CHIP](#)
- [ESBF](#)
- [Resilient health](#)

MARICOPA

- [A New Leaf](#)
- [Alium Health and Wellness](#)
- [Arise Community Solutions](#)
- [Arizona Integrated Telepsychiatry and Telemedicine Services](#)
- [Arizona Women's Recovery Center](#)
- [Ascend Telehealth](#)
- [Axiom](#)
- [BAART](#)
- [Behavioral Health Group](#)
- [Brightview Health](#)
- [Buena Vista Health and Recovery Center](#)
- [Calvary Healing Center](#)
- [Catalina Behavioral Health](#)
- [CBI](#)
- [Charlie Health](#)
- [Clarvida](#)
- [Cleanslate](#)
- [CMS](#)
- [Copa Health](#)
- [CPIH](#)
- [CPLC](#)
- [CPR](#)
- [Crossroads Inc.](#)
- [DEHP Integrative Care](#)
- [Denova Collaborative Health](#)
- [EPFM&CS](#)
- [ESBF](#)
- [Family Service Agency](#)
- [Grossman & Grossman](#)
- [Horizon Health Wellness](#)
- [JFCS](#)
- [La Frontera- EMPACT-SPC](#)
- [Lifewell Behavioral Health](#)

- [Native American Connection](#)
- [Native Health](#)
- [New Hope Behavioral Health Center](#)

NOAH

- [Northsight Recovery](#)
- [Pool of Bethesda Psychiatric Health](#)
- [Recovia](#)
- [Resilient Health](#)
- [SBHS](#)
- [Scottsdale Recovery](#)
- [Southwest Network](#)
- [Spectrum Healthcare](#)
- [Strategies for Success](#)
- [Terros](#)
- [Valle Del Sol](#)

PIMA

- [Ascend Healthcare](#)
- [BAC](#)
- [Behavioral Health Group](#)
- [Buena Vista Health and Recovery Center](#)
- [CBI](#)
- [CHA](#)
- [Charlie Health](#)
- [Clarvida](#)
- [CMS](#)
- [CODAC](#)
- [COPE](#)
- [CPIH](#)
- [El Rio Health](#)
- [ESBF](#)
- [La Frontera-Hope](#)
- [Marana Healthcare](#)
- [Old Pueblo Community Services](#)

- [Pool of Bethesda Psychiatric Health](#)
 - [Recovia](#)
 - [Resilient Health](#)
 - [Sonoran Prevention Works](#)
 - [Spectrum Healthcare](#)
 - [Terros](#)
 - [Wellbeing Institute](#)
- PINAL**
- [Ascend Healthcare](#)
 - [CHA](#)
 - [Charlie Health](#)
 - [CBI](#)
 - [CMS](#)
- [CPIH](#)
 - [ESBF](#)
 - [Horizon Health Wellness](#)
 - [La Frontera- EMPACT-SPC](#)
 - [Marana Healthcare](#)
 - [Pinal Hispanic Council](#)
 - [Resilient Health](#)
 - [Strategies for Success](#)
- SANTA CRUZ**
- [Ascend Healthcare](#)
 - [CHA](#)
 - [Charlie Health](#)
 - [CMS](#)
 - [ESBF](#)
 - [Horizon Health Wellness](#)
- [Mariposa Community Health Center](#)
 - [Pinal Hispanic Council](#)
 - [SEABHS](#)
- YUMA**
- [Ascend Healthcare](#)
 - [CHA](#)
 - [Charlie Health](#)
 - [CBI](#)
 - [CMS](#)
 - [CPIH](#)
 - [Horizon Health Wellness](#)
 - [Regional Center for Border Health](#)
 - [Resilient Health](#)

Assessment, Evaluation and Screening Services

Gathering and assessment of historical and current information which includes face-to-face contact with the person and/or the person's family or other informants, or group of individuals resulting in a written summary report and recommendations.

COCHISE

- [Ascend Healthcare](#)
- [CHA](#)
- [Chiricahua Community Health Center](#)
- [CMS](#)
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GILA

- [Ascend Healthcare](#)
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- [SBHS](#)

GRAHAM

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GREENLEE

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LA PAZ

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MARICOPA

- [A New Leaf](#)
- [Adelante Healthcare](#)
- [Alium Health and Wellness](#)
- [Arizona Integrated Telepsychiatry and Telemedicine Services](#)
- [Arizona Women's Recovery Center](#)

- [Ascend Healthcare](#)

- [Axiom](#)
- [BAART](#)
- [Behavioral Health Group](#)
- [Brightview Health](#)
- [Calvary Healing Center](#)
- [Catalina Behavioral Health](#)

- [CBI](#)
- [Clarvida](#)
- [CPLC](#)
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- [CMS](#)
- [Copa Health](#)
- [CPIH](#)
- [Crossroads Inc.](#)
- [DEHP Integrative Care](#)
- [Denova Collaborative Health](#)
- [EPFM&CS](#)
- [ESBF](#)
- [Family Service Agency](#)
- [Grossman & Grossman](#)
- [Horizon Health Wellness](#)
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- [La Frontera- EMPACT-SPC](#)
- [Lifewell Behavioral Health](#)
- [Native American Connection](#)
- [Native Health](#)
- [New Hope Behavioral Health Center](#)
- [NOAH](#)
- [Northsight Recovery](#)

- [Pool of Bethesda Psychiatric Health](#)
- [Resilient Health](#)
- [SBHS](#)
- [Scottsdale Recovery](#)
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- [Strategies for Success](#)
- [Terros](#)
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PIMA

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- [COPE](#)
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- [Cornerstone Behavioral Health](#)
- [El Rio Health](#)
- [ESBF](#)
- [La Frontera-Hope](#)
- [Marana Healthcare](#)
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- [Strategies for Success](#)

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- [Horizon Health Wellness](#)
- [Mariposa Community Health Center](#)
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- [SEABHS](#)

YUMA

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- [CHA](#)
- [CBI](#)
- [Clarvida](#)
- [CMS](#)
- [CPIH](#)
- [Horizon Health Wellness](#)
- [Regional Center for Border Health](#)
- [Resilient Health](#)

Medication Assisted Treatment (MAT) for Substance Abuse Disorders (suds)

Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders and prevent opioid overdose. A combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery.

Opioids Treatment Program

An OTP is any treatment program certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide medication-assisted treatment for individuals who are diagnosed with opioid use disorder. These treatment programs are authorized to administer and distribute all forms of medication assisted treatment, Methadone, Buprenorphine (Suboxone/Subutex) and Naltrexone. Additional services within the OTP can include case management, peer support, individual counseling, group counseling and other types of support services for the individual.

AHCCCS is implementing new standards and reporting requirements for all Opioid Treatment Programs (OTPs) receiving Medicaid reimbursement.

Office Based Opioid Treatment Programs

OBOT programs allow for qualified primary care physicians to provide opioid treatment services in their office-based settings. Federal guidelines allow qualified physicians in the OBOT to prescribe medications for opioid use disorder in their office setting, but it is required that the physician has the ability to connect their patients to the appropriate level of counseling and other appropriate support services.

COCHISE

- [Chiricahua Community Health Center](#)
- [CMS](#)

GILA

- [Canyonlands Healthcare](#)
- [ESBF](#)
- [Horizon Health Wellness](#)
- [SBH](#)

GRAHAM

- [Canyonlands Healthcare](#)
- [CMS](#)
- [ESBF](#)
- [SEABHS](#)

GREENLEE

- [SEABHS](#)

LA PAZ

- [CHA](#)

MARICOPA

- [Arizona Integrated Telepsychiatry and Telemedicine Services](#)
- [BAART](#)
- [Behavioral Health Group](#)
- [Brightview Health](#)
- [Catalina Behavioral Health](#)
- [Calvary Healing Center](#)
- [Clean Slate](#)

CBI

- [CMS](#)
- [Crossroads](#)
- [DEHP Integrative Care](#)
- [Denova Collaborative Health](#)
- [ESBF](#)
- [Horizon Health Wellness](#)
- [Intensive Treatments System](#)
- [New Hope](#)
- [Northsight Recovery](#)
- [Recovia](#)
- [Resilient Health](#)
- [SBH](#)
- [Scottsdale Recovery](#)
- [Spectrum Healthcare](#)
- [Terros](#)
- [Valle Del Sol](#)

PIMA

- [Buena Vista Health and Recovery Center](#)
- [BAC](#)
- [Behavioral Health Group](#)
- [CBI](#)
- [CMS](#)
- [CODAC](#)
- [COPE](#)
- [CPIH](#)
- [EL Rio Health](#)

Hope Inc.

- [La Frontera-Hope](#)
- [Pool of Bethesda Psychiatric Health](#)
- [Spectrum Healthcare](#)
- [Wellbeing Institute](#)

PINAL

- [ESBF](#)
- [Hope Inc.](#)
- [La Frontera- EMPACT SPC](#)
- [Horizon Health Wellness](#)
- [Intensive Treatment Systems](#)
- [Marana Healthcare](#)

SANTA CRUZ

- [Horizon Health Wellness](#)
- [MCHC](#)
- [SEABHS](#)

YUMA

- [Buena Vista Health and Recovery Center](#)
- [CBI](#)
- [CMS](#)
- [Horizon Health Wellness](#)
- [Regional Center for Border Health](#)

Skills Training & Development & Psychosocial Rehabilitation Living Skills Training

Teaching independent living, social, and communication skills to persons and/or their families to maximize the person's ability to live and participate in the community and to function independently. Examples of areas that may be addressed include selfcare, household management, social decorum, same and opposite-sex friendships, avoidance of exploitation, budgeting, recreation, development of social support networks and use of community resources. Services may be provided to a person, a group of individuals or their families with the person(s) present.

COCHISE

- [CHA](#)
- [CPIH](#)

ESBF

- [Pinal Hispanic Council](#)
- [Resilient Health](#)
- [SEABHS](#)

GILA

- [ESBF](#)
- [Horizon Health Wellness](#)

• SBHS	• New Hope Behavioral Health Center	• Horizon Health Wellness
GRAHAM		• La Frontera- EMPACT-SPC
• CMS • CPIH • ESBF • SEABHS	• Clarvida • Resilient Health • SBHS • Southwest Network • Sonoran Prevention Works • Terros • Valle Del Sol	• Marana Healthcare • Old Pueblo Community Services • Pinal Hispanic Council • Resilient Health
GREENLEE		SANTA CRUZ
• SEABHS		• CHA • CMS • ESBF • Horizon Health Wellness • Mariposa Community Health Center • Pinal Hispanic Council • SEABHS
LA PAZ	PIMA	
• CHA • CMS • CPIH • ESBF • Resilient health	• BAC • Buena Vista Health and Recovery Center • CHA • CMS • CODAC • COPE • CPIH • DKA • El Rio Health • ESBF • La Frontera-Hope • Marana Healthcare • Clarvida • Resilient Health • Terros	YUMA
MARICOPA		• CHA • CBI • CMS • CPIH • Horizon Health Wellness • Clarvida • Regional Center for Border Health • Resilient Health
• A New Leaf • Arizona Women's Recovery Center • Axiom • CMS • Copa Health • CPIH • Crossroads Inc. • EPFM&CS • ESBF • Horizon Health Wellness • JFCS • La Frontera- EMPACT-SPC • Lifewell Behavioral Health • Native American Connections • Native Health	PINAL	
	• CHA • CMS • CPIH • ESBF	

Behavioral Health Prevention/Promotion Education and Medication Training and Support Services (Health Promotion)

Education and training are single or multiple sessions provided to an individual or a group of people and/or their families related to the enrolled person's treatment plan. Education and training sessions are usually presented using a standardized curriculum with the purpose of increasing an individual's behavioral knowledge of a health-related topic such as the nature of an illness, relapse and symptom management, medication management, stress management, safe sex practices, HIV education, parenting skills education and healthy lifestyles (e.g., diet, exercise).

COCHISE

- [CHA](#)
- [Chiricahua Community Health Center](#)
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- [ESBF](#)
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GILA

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GRAHAM

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GREENLEE

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MARICOPA

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- [Arizona Integrated Telepsychiatry and Telemedicine Services](#)
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- [Crossroads Inc.](#)
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- [CPR](#)
- [EPFM&CS](#)
- [ESBF](#)
- [Grossman & Grossman](#)
- [Horizon Health Wellness](#)
- [JFCS](#)
- [La Frontera- EMPACT-SPC](#)
- [Lifewell Behavioral Health](#)
- [Native American Connections](#)
- [Native Health](#)
- [New Hope Behavioral Health Center](#)
- [NOAH](#)
- [Open Hearts](#)
- [Pathways of Arizona Inc.](#)
- [Pool of Bethesda Psychiatric Health](#)
- [Resilient Health](#)
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- [Scottsdale Recovery](#)
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PIMA

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- [CODAC](#)
- [COPE](#)
- [CPIH](#)
- [Cornerstone Behavioral Health](#)
- [El Rio Health](#)
- [ESBF](#)
- [La Frontera-Hope](#)
- [Marana Healthcare](#)

- [Pathways of Arizona Inc.](#)
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PINAL

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- [ESBF](#)
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- [Pinal Hispanic Council](#)
- [Resilient Health](#)
- [Strategies for Success](#)

SANTA CRUZ

- [CHA](#)
- [CMS](#)
- [ESBF](#)
- [Horizon Health Wellness](#)
- [Mariposa Community Health Center](#)
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YUMA

- [CBI](#)
- [CHA](#)
- [CMS](#)
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- [Horizon Health Wellness](#)
- [Pathways of Arizona Inc.](#)
- [Regional Center for Border Health](#)
- [Resilient Health](#)

COT/COE Services

Court Ordered Evaluation (COE) and Court-Ordered Treatment (COT) proceedings is specified as a process used to ensure the safety of an individual, or the safety of others when, due to an individual's mental disorder, that individual is unable or unwilling to participate in treatment. The Following providers assist in court ordered supervision (TITLE 36 COT).

COCHISE

- [CBI](#)
- [CHA](#)
- [CPIH](#)
- [Pinal Hispanic Council](#)
- [SEABHS](#)

GILA

- [CBI](#)
- [Horizon Health Wellness](#)

GRAHAM

- [SEABHS](#)

GREENLEE

- [SEABHS](#)

MARICOPA

- [CBI](#)
- [Copa Health](#)
- [La Frontera- EMPACT-SPC](#)

- [Lifewell Behavioral Health](#)
- [Southwest Network](#)
- [Terros](#)

PIMA

- [BUMWHC](#)
- [CBI](#)
- [CHA](#)
- [CODAC](#)
- [COPE](#)
- [CPIH](#)
- [Horizon Health Wellness](#)
- [La Frontera](#)
- [Marana Healthcare](#)

PINAL

- [CBI](#)
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- [La Frontera- EMPACT-SPC](#)
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SANTA CRUZ

- [CHA](#)
- [CPIH](#)
- [Pinal Hispanic Council](#)
- [SEABHS](#)

YUMA

- [CHA](#)
- [CPIH](#)
- [Horizon Health Wellness](#)
- [Regional Center for Border Health](#)

General Mental Health and Substance Use Providers

A New Leaf

<https://www.turnanewleaf.org/>

A New Leaf offers behavioral health and primary care services for children and adults. This includes counseling, case management, medication management, and support services.

Services:

- Psychiatry
- Medication Management
- PCP
- Case Management
- Individual, Family, Group Counseling
- Sexual & Domestic Violence Services
- Employment Support
- Family Support

Contact information	Referral details	Hours of Operation
Dorothy B. Mitchell Counseling Center 1655 E University Dr #100 Mesa, AZ 85203	Call: 480-969-6955	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
West Valley Family Care 8581 N 61 st Ave Building A Glendale, AZ 85302	Call: 623-934-1991	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
La Mesita Family Care Clinic 2254 W Main St Mesa, AZ 85201	Call: 480-733-3033	Monday: 9:00 am – 4:00 pm Wednesday: 9:00 am – 4:00 pm Friday: 8:00 am – 12:00 pm

Adelante Healthcare

<https://www.adelantehealthcare.com>

Behavioral health at Adelante Healthcare focuses on health and wellbeing of the whole person. We offer integrated behavioral health services to help when habits, stress, or other problems interfere with your daily life, as well as specialty behavioral health services for mental health concerns. As a trusted community-based health organization, Adelante Healthcare is rooted in family-focused medicine serving patients from all backgrounds and walks of life.

Services:

- Psychiatry
- Medication Management
- Adult and Family Medicine
- Case Management
- Screenings
- Assessments
- Brief Interventions
- Education and Resources
- Psychotherapy
- Women’s Health
- Nutrition
- Pediatrics
- Dental
- LGBTQ Care
- Telehealth

Contact information	Referral details	Hours of Operation
Central Phoenix 500 W Thomas RD, Suite 870 Phoenix, AZ 85013	Call: 1-877-809-5092	Monday – Friday: 8:00 am – 5:00 pm

West Phoenix 9610 N Metro Pkwy W Phoenix, AZ 85051	Call: 1-877-809-5092	Monday – Friday: 7:00 am- 7:00 pm Saturday 7:00 am – 5:00 pm
Peoria 15525 N 83rd Ave, Suite 104 Peoria, AZ 85382	Call: 1-877-809-5092	Monday – Friday: 8:00 am – 5:00 pm
Surprise 15351 W Bell Rd Surprise, AZ 85374	Call: 1-877-809-5092	Monday – Thursday 7:00 am – 7:00 pm Friday 7:00 am – 6:00 pm Saturday 8:00 am – 5:00 pm
Goodyear 13471 W Cornerstone BLVD Goodyear, AZ 85395	Call: 1-877-809-5092	Monday – Friday: 9:00 am- 5:00 pm
Mesa 1705 W Main St Mesa, AZ 85201	Call: 1-877-809-5092	Monday – Thursday 7:00 am – 7:00 pm Friday 7:00 am – 6:00 pm Saturday 8:00 am – 5:00 pm

Alium Health and Wellness

<https://www.aliumhealth.com/>

Alium Total Women’s Care is an integrated clinic that provides medical and behavioral health to women with a unique approach. Our one-stop shop appeals to women looking to treat their medical and behavioral health concerns effectively.

Services:

- Psychiatry
- Medication Management
- Primary Care
- OBGYN
- CBT
- DBT
- EMDR
- Couple Therapy
- Group Therapy
- Trauma Informed Care

Contact information	Referral details	Hours of Operation
Scottsdale 9440 E. Ironwood Square Dr Scottsdale, AZ 85258	Call: 520-694-1234	Monday - Thursday 8:00 am – 5:00 pm Friday 7:30 am – 4:00 pm
Gynecologic Oncology 7425 E. Shea Blvd Ste 107 Scottsdale, AZ 85260	Call: 520-694-9459 Michelle.Spetnagel@bannerhealth.com	Monday - Thursday 8:00 am – 5:00 pm Friday 7:30 am – 4:00 pm
Goodyear 13555 W. McDowell Rd Suite 200 Goodyear, AZ 85395		Monday - Thursday 8:00 am – 5:00 pm Friday 7:30 am – 4:00 pm

Arise Community Solutions

<https://www.arisecommunitysolutions.com>

Our Doctors, Clinicians, Behavioral Health Tech, Case Managers and Peer Support Specialists, as a team, identify a patient's imminent needs. We provide interventions to help maintain stabilization, for our patients that have reached a level of recovery. This team approach allows us to minimize overlapping services and avoid missing an opportunity to better serve our patients. We foster a holistic approach to the patient's personal plan for recovery and healing.

Services:

- Individual and Family Therapy
- DBT
- Trauma Focused CBT
- EMDR
- Hypnotherapy
- Intensive Outpatient Program (IOP)
- Group Counseling
- Case Management
- Peer Support Specialist
- Anger Management
- Substance Use Disorder
- Domestic Violence

Contact information	Referral details	Hours of Operation
Glendale 4425 W Olive Ave, suite 301 Glendale, AZ 85302	Call: 623-755-9690	Monday – Friday: 8:00 am – 5:00 pm

Arizona Integrated Telepsychiatry and Telemedicine Services

<https://azitts.com/>

AZITTS provides an integrated and innovative model of treatment. All our providers combine an in-depth understanding of the medical-psychiatric interplay and provide the most thorough understanding of each patient. Our psych and medical providers in Mesa, AZ, can prescribe and manage medications and work with individuals and families to map out a treatment regimen that is tailored to help maintain optimal levels of wellness.

Services:

- Psychiatry
- Medication Management
- Case Management
- PCP
- Telemedicine/Telepsychiatry
- MAT
- Substance Abuse Assessment and Treatment
- IOP
- Individual and Group Therapy
- Peer Support Services

Contact information	Referral details	Hours of Operation
2735 E Main St suite 2 & 3 Mesa, AZ 85213	Call: 480-867-1722	Monday – Friday: 9:00 am – 5:00 pm

Arizona Women's Recovery Center

<https://azwomensrecoverycenter.org>

Arizona Women's Recovery Center is a non-profit organization dedicated to providing substance abuse treatment to women through a variety of programs to address individual needs. All of AWRC's programs focus on providing the tools and resources to assist women in living financially independent, drug and alcohol-free lives.

Mental Health Services:

- Individual Counseling
- Group Counseling
- DBT Skills Training
- Closed Trauma Group
- Family Counseling
- Case Management
- Psychiatric Nurse Practitioner
- Disease and The Concept of Addiction
- Grief
- Relapse Prevention
- Social support through 12 Step meetings and sponsors
- Creating boundaries
- Maintaining healthy relationships
- Developing positive coping skills
- Behavior modification
- Creating a recovery-based belief and values system
- Working through abuse issues
- Dual Diagnosis Relapse Prevention group

Support Services:

- Mother Roles and Relationships
- Parenting Skills
- Supportive Housing (when available)
- Parenting Coaching
- Fetal Alcohol Syndrome
- Peer Support
- Job Development
- GED Support
- Career Counseling

Contact information	Referral details	Hours of Operation
4201 N. 16 th St. Suite 140 Phoenix, AZ 85016 P: 602-264-6214 F: 602-265-2102	Call: 602-264-6214	Monday – Friday: 8:00 am – 5:00 pm

Ascend Healthcare

<https://www.ascendtelehealth.com>

Ascend Healthcare works with external partners to provide integrated psychiatric and behavioral healthcare to patients across the country. We build fully integrated psychiatric medication management, substance use disorder treatment, counseling services, peer support, and care coordination for seamless patient care.

Services:

- Psychiatry
- Medication Management
- Substance Use Disorder Treatment
- Pregnant Women Substance Use Disorder
- Medication Assisted Treatment (MAT)
- Counseling
- Peer Support
- Family Support
- Trauma Screen
- EMDR
- Trauma Focused/CBT
- DBT
- Acceptance Commitment Therapy (ACT)
- Domestic Violence
- Anger Management
- Telehealth

Contact information	Referral details	Hours of Operation
Chandler 312 N Alma School Rd Chandler, AZ 85224	Call: 623-300-5477 Email: AZreferrals@ascendtelehealth.com	Monday – Friday: 8:00 am – 5:00 pm

Axiom

<https://axiomcareofaz.com>

Axiom Counseling offers a full range of outpatient services, we provide individual and group counseling, our dedicated staff also assist with case management. Assistance is available to help with AHCCCS applications, documentation, employment, housing, and community resources. We also have a men's 24 bed Residential Treatment Facility for SUD in Phoenix.

Our Vivre Housing Program is primarily for clients who are on Parole and Probation. This program allows clients to apply for Sober Living accommodation prior to release and for those who have broken the terms of their Parole. For the 70 beds facility staff is onsite 24 hours a day.

Contact information	Referral details	Hours of Operations
7725 N. 43rd Ave., #522 Phoenix, AZ 85051 P: 602-626-8112	Call: 602-626-8112	Outpatient Hours: Monday - Friday 9:00 am – 5:00 pm

BAART Programs

<https://baartprograms.com/>

At BAART Programs, our goal is to guide you along the path from opioid addiction towards a fulfilling recovery. Our program begins with medication-assisted treatment (MAT) to help your mind and body adapt to life without opioids.

We then incorporate substance use counseling and support services to address other aspects of your life impacted by opioid use. By providing care in an outpatient setting, you can continue living your life while receiving the treatment you deserve.

Guest Medication Services:

If you need to travel but wish to continue receiving your daily medication, your treatment center can coordinate dosing transfers to one of our nationwide locations.

Services Include:

- Methadone maintenance
- Medication Assisted Treatment (MAT)
- Medical Assessments and Testing
- Guest Medication Services
- Individualized opioid use disorder counseling
- Group opioid use counseling
- Family opioid use counseling
- Case management
- Coordinated Pregnancy Treatment
- Addiction and Relapse Prevention Education

Contact information	Referral details	Hours of Operations
*OTP 908 A W. Chandler Blvd. Chandler, AZ 85225 P: 480-899-0200 F: 480-899-0202	Call: 480-899-0200	Medication Hours Monday – Friday: 4:30 a.m. – 11:00 a.m. Saturday: 6:00 a.m. – 8:00 a.m.

		<i>Closed Sunday & Most Holidays</i>
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Banner University Medicine Whole Health Clinic

<https://www.bannerhealth.com/locations/tucson/banner-university-medicine-whole-health-clinic-wilmot>

<https://psychiatry.arizona.edu/patient-care/banner-university-medicine-whole-health-clinic>

The Whole Health Clinic has an amazing team of doctors, recovery coaches, peer supports, medical assistants, nurses, and therapists here to serve you and meet adult member's needs. We have a fully integrated behavioral health and primary care team offering comprehensive services in one location. Our members get the expert care and support they need in a respectful, welcoming, safe, and encouraging setting.

The Whole Health Clinic is also home to the Early Psychosis Intervention Center (EPICenter). Unique in Southern Arizona, the EPICenter is a specialized program for individuals between 15 and 35 years old who are experiencing early symptoms of a psychotic illness. The EPICenter is very effective in helping to reduce symptoms and improving the quality of life for members and their families.

We offer the following services:

- Case management
- Certified peer support
- Individual, group and family therapy
- Employment Assistance
- Benefit enrolling assistance
- Psychoeducation & support groups
- Psychiatric evaluation
- Medication management
- Physical health assessment
- Preventive health services
- Neuropsychological assessment
- Perinatal psychiatric care for women
- Early Psychosis Intervention Center (EPICenter), ages 15-35
- Court-Ordered Treatment
- Lab and pharmacy services
- Telehealth
- Treatment and management of acute and chronic diseases

Contact information	Referral details	Hours of Operation
Banner – University Medicine Whole Health Clinic 535 N Wilmot Rd. Ste 201 Tucson, AZ 85711 P: 520-694-1234 F: 520-694-2185	Call: 520-694-1234	Monday - Thursday 8:00 am – 7:00 pm Friday 8:00am – 5:00pm Saturday and Sunday: Closed
EPI Center: Early Psychosis Intervention Center 535 N Wilmot Rd. Ste 201	Call: 520-694-9459 Michelle.Spetnagel@bannerhealth.com	Monday - Friday 8:00 am – 5:00 pm Saturday and Sunday:

Tucson, AZ 85711 P: 520-694-1234 X 7 F: 520-694-2185		Closed
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Behavioral Awareness Center (BAC)

<http://www.bacmethadone.com/>

Behavioral Awareness Center provides Level 1 outpatient and Level 2 intensive outpatient treatment services in addiction medicine. Services include: MAT, Individual, and group counseling, motivational enhancement, family therapy, educational groups, occupational and recreational therapy, psychotherapy, and CBT.

Special Programs:

- Pregnant/Postpartum Women
- Co-Occurring Mental and SUD
- Co-Occurring Pain and SUD
- Domestic Violence

Recovery Support Services:

- Self-Help Groups
- Housing Services
- Recovery Coach
- Mentoring/Peer Support
- Employment Counseling & Training

Services:

- Methadone Maintenance
- Suboxone Maintenance
- Comprehensive Substance Use Assessment
- Anger Management
- Brief Intervention
- Individual and Group Counseling
- CBT
- Matrix Model
- Relapse Prevention
- Substance Use Counseling
- Trauma-Related Counseling
- DUI Services
- Transitional Services

Contact information	Referral details	Hours of Operations
2002 W. Anklam Rd. Tucson, AZ 85745 P: 520-629-9126 F: 520-629-9282	Call: 520-629-9126	Monday – Friday 5:00 am – 6:00 pm Saturday 7:00 am – 12:00 pm <i>Closed Sunday & Most Holidays</i>

Behavioral Health Group

<https://www.bhgrecovery.com/>

We integrate the full spectrum of outcomes-based medicine, using medication assisted recovery combined with medication management, behavioral health therapy, counseling, labs, care coordination, and case management.

Services:

- MAT
- SUD
- Individual Therapy
- Behavioral Therapy
- Group Therapy
- Family Therapy
- Health Screening

Contact information	Referral details	Hours of Operation
1501 E. Washington St Phoenix, AZ 85034	Call: 844-535-7291	Monday-Friday: 4:30 am – 11:00 am
2123 E. Southern Ave Tempe, AZ 85282	Call: 844-535-7291	Monday-Friday: 4:30 am – 12:00 pm
2437 N. Stone Ave Tucson, AZ 85705	Call: 844-535-7291	Monday-Friday: 4:30 am – 12:00 pm

Brightview Health

<https://www.brightviewhealth.com/>

BrightView is a new kind of addiction treatment center, one that pairs a patient-focused and evidence-based approach with the compassion and commitment to improve as many lives as we can. We combine medical treatment with psychological therapy and social services to give patients the comprehensive support they need to overcome addiction. We offer evidence-based, outpatient addiction treatment programs to help people rebuild their lives without completely uprooting them.

Services:

- MAT
- IOP
- Group Therapy
- Individual Therapy
- Peer Recovery Supporters
- Addiction Relapse Program

Contact information	Referral details	Hours of Operations
5700 W. Olive Ave #103	Call: 888-502-4571	Monday-Friday: 8:00 am – 5:00 pm
6565 E. Greenway Pkwy #102 Scottsdale, AZ 85254	Call: 888-502-4571	Monday-Friday: 8:00 am – 5:00 pm
2600 E. Southern Ave Suite E1 Tempe, AZ 85282	Call: 888-502-4571	Monday-Friday: 8:00 am – 5:00 pm

Buena Vista Health and Recovery Centers

<https://buenavistarecovery.com>

Buena Vista Health and Recovery Centers is an adult, dual diagnosis substance abuse treatment center. We offer American Indian Health Plan (AIHP) members Detox and Partial Hospitalization (PHP) with supportive housing. All participants in the PHP housing are all engaging in PHP at our treatment center.

Substance Abuse Programs:

- MAT
- Medical Detox
 - Highest level of care
 - 24 hour medically supervised withdrawal, detoxification, and stabilization in 7 to 30-day programs
- Secure and comfortable facility with private rooms available
- Structured program with proven results
- Comprehensive long-term treatment and transition planning

- Short-term inpatient rehabilitation
- Personalized gourmet meals
- Inpatient detoxification at our medical detox center
- 2-10 days duration
- Inpatient
 - Alcoholism
 - Substance Abuse
- Therapy
 - Individual Counseling
 - Trauma-focused therapy
 - Grief
 - Group
 - CBT
 - 12-Step Program
- Outpatient Treatment
 - Relapse Prevention Education
 - Intensive Outpatient Program (IOP)
 - Family Programs Individualized Treatment Plans
 - Cognitive Behavioral Therapy (CBT)
 - Trauma Workshops
 - Psychiatric Care
 - Medical Care
 - Group Therapy
 - Weekly Individual Therapy Session
 - Introduction to the 12 Steps
 - Case management
 - Life skills Development
 - Spiritual Guidance Program

We also have free Narcan available for overdose reversal.

Contact information	Referral details	Hours of Operations
Chandler Campus 3033 S. Arizona Ave Chandler, AZ 85286 P: 800-922-0095	24/7 480-798-6902 Frank.Eisenhauer@BuenaVistaRecovery.com	24/7
Tucson Campus 5151 E Pima St Tucson, AZ 85712 P: 800-922-0095	24/7 480-798-6902 Frank.Eisenhauer@BuenaVistaRecovery.com	24/7
Tatum Campus 29858 N Tatum Blvd Cave Creek, AZ 85331 P: 800-922-0095	24/7 480-798-6902 Frank.Eisenhauer@BuenaVistaRecovery.com	24/7

Calvary Healing Center

<https://calvarycenter.com/>

Calvary Healing Center has been helping adults work through addiction issues since 1964, offering a range of treatment options in a compassionate environment situated in the desert of Phoenix, Arizona. Every treatment option we offer is built on the belief that to be successful, we must involve the whole person-body, mind, and spirit to meet the physical, spiritual, mental, and emotional needs of our patients and their families.

Services

- Telehealth
- SUD
- IOP
- Co-Occurring
- MAT
- CBT
- EMDR
- DBT
- Group Therapy
- Faith Based SUD
- SUD Family Program

Contact information	Referral details	Hours of Operations
720 E. Montebello Ave Phoenix, AZ 85014	Call: 888-595-5973	24-Hour Assessment/Intake

Canyonlands Healthcare

<https://canyonlandschc.org>

Canyonlands Healthcare mental health professionals provide counseling, evaluations, medication management, and psychotherapy. We offer integrated health care a collaboration between your primary care physician and mental health therapist to address your physical, psychological, and emotional needs.

MAT Treatment Medications:

- Buprenorphine
- Naltrexone
- Suboxone/Subutex
- Vivitrol

Services Include:

- Psychiatry
- Medication Management
- Individual, Couple, and Family Psychotherapy
- Case Management
- Substance Use Disorder
- Addiction Education
- Grief Support
- Telehealth
- PCP
- Dental Services
- Family Planning
- Diabetes Program
- Hepatitis C Screening

We also have free Narcan available for overdose reversal.

Contact information	Referral details	Hours of Operations
5860 South Hospital Drive, Suite 102 *OBOT Globe, AZ 85501 P: 928.402.0491 F: 928.402.0490	Call: 928-428-1500 X3322	Monday-Friday: 7:00 am – 6:00 pm Closed for lunch: 12:00pm-1:00pm

2016 W. 16th St. *OBOT Safford, AZ 85546 P: 928-428-1500 F: 928-428-1555	Call: 928-428-1500 X3322	Monday – Friday: 7:00 am – 6:00 pm Closed for lunch: 12:00 pm – 1:00 pm
1615 S 1st Ave, Safford, AZ 85548 P: 928-348-1701 F: 928-428-8131	MAT Call: 928-428-1500 X3322	Wednesday: 8:00 am – 12:00 pm

Catalina Behavioral Health

<https://catalinabehavioralhealth.com/>

Our core mission is to help clients overcome challenges with effective mental health and substance abuse care in Arizona and nationwide, by providing unrivaled professional addiction treatment programs and mental health services to promote long term addiction recovery.

We offer a variety of treatment options to address all of our client's needs and help them overcome their substance use disorders and lead healthier lives.

Services:

- Psychiatry
- Medication Management
- Dual-Diagnoses
- MAT
- IOP
- Relapse Prevention
- Native American Program
- Eating Disorder Treatment
- Individual Therapy
- Family Therapy
- Group Therapy
- CBT
- EMDR
- DBT

Contact information	Referral details	Hours of Operation
6599 N Oracle RD Tucson, AZ 85704	Call: 520-999-2560	24hrs

Charlie Health

<https://www.charliehealth.com/>

General Mental Health and Substance Use Intensive Outpatient Program (IOP) via Telehealth/Virtual programming for ages 11-30. Our evidence-based programs are for young people in need of a higher level of support, with comprehensive, personalized treatment plans alongside peers with common goals. Clinicians are on call 24/7 to respond to crisis.

Mental Health Services:

- Psychiatric/medication management if needed
- Intensive Outpatient Program (IOP)
- Substance Abuse- Active Recovery
- Substance Abuse- Contemplating Change
- DBT
- CBT
- Individual Therapy
- Attachment Based Family Therapy
- Relational Therapy
- Family Support Groups
- Transgender Support Groups
- LGBTQIA + Advocacy
- LGBTQIA+ DBT
- Autism Spectrum Disorder (ASD) and Learning Disabilities Groups
- Art & Music Therapy
- Dance and Movement Therapy
- Drama Therapy
- Experiential Therapy
- Gender Specific
- Yoga, Mindfulness, and Meditation

Contact information	Referral details	Hours of Operation
1 (866) 434-1632	Referral for adolescent/adult email: admissions@charliehealth.com Fax: 406-720-7793	Monday – Friday: 8:00 am – 5:00 pm

Chicanos Por La Causa

<https://cplc.org>

CPLC Centro De La Familia provides outpatient behavioral health services for families and individuals of all ages. The program offers counseling and therapy services to those living with serious mental illness, general mental health issues, and substance abuse issues. These issues can be related to depression, anxiety, relationships, loss, substance abuse, suicidal thoughts, and trauma from sexual, emotional and/or physical abuse. Outpatient services offer flexible office hours and home-based services for children and their families, public transit accessibility, therapy in English and Spanish, and professional staff who utilize best practice models for treatment.

CPLC De Colores Domestic Violence programs provides a safe, secure place for families to heal from the traumatizing effects of abuse. Shelter and community-based services meet survivors where they are to help them discover their strengths and regain their freedom. De Colores is the only fully bilingual, bicultural program in the Valley providing tailored services to Spanish-speaking and immigrant populations. Specialized legal services are available to assist with orders of protection, immigration and visa paperwork, and court accompaniment. A range of supports including emergency shelter, legal advocacy, case management, support groups, sexual assault services, youth programs, and assistance with permanent housing and employment is available. De Colores helps more than 800 survivors become safe and self-sufficient each year.

Senior Services Chicanos Por La Causa provides a comprehensive senior housing and meal program, including a center-based program that offers advocacy and case management services. Along with assisting its residents through supportive services, the CPLC Senior Services program also provides its clients with a “Meals on Wheels” program as well as a Senior Center Based Meal Program.

The Corazon Behavioral Health Residential Facility is a 30-60-day, level 2 facility, member’s health plan prior authorization is required.

Contact information	Referral details	Hours of Operations
CPLC Centro De La Familia 6850 W. Indian School Rd. Phoenix, AZ 85033	Call: 623-247-0464 email: accreferrals@cplc.org	Monday – Friday 8:00 am – 5:00 pm
Corazon 3639 W. Lincoln St. Phoenix, AZ 85009	Call: 602-233-9747 email: accreferrals@cplc.org	Monday – Friday 9:00 am – 1:00 pm
CPLC Centro Esperanza 325 N. Stapley Dr. Mesa, AZ 85203	Call: 480-615-3800 email: accreferrals@cplc.org	Monday – Friday 7:00 am – 5:00 pm

Chiricahua Community Health Center

<https://www.CCHCI.org>

At Chiricahua Community Health Centers, Inc. (CCHCI), your mental wellness is as important as your physical health. We provide both individual and family counseling for those aged 6 and older. We are helping patients manage many common issues (whether diagnosed or not)

Services:

- Adult and Family Medicine
- Well Woman Health Check Program
- School Based Health Services
- Psychiatry
- Medication Management
- Case Management
- Screenings
- Assessments
- MAT
- Solution Focused Therapy
- CBT
- Family Systems approach
- Expressive Arts Therapy
- Domestic Violence Advocacy
- Telehealth or in Person

Contact information	Referral details	Hours of Operation
Benson Family Health Center 335 S Ocotillo Ave, Benson, AZ 85602	Call: 520-586-4040	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm Saturday: 9:00 am – 3:00 pm
Bisbee Family Health Center 108 Arizona Street Bisbee, AZ 85603	Call: 520-364-3285	Monday – Thursday: 7:00 am – 6:00 pm Friday: 7:00 am – 5:00 pm Saturday:

		9:00 am – 3:00 pm
Ginger Ryan Clinic 1100 F Ave Douglas, AZ 85607	Call: 1-877-809-5092	Monday – Thursday: 8:30 am – 5:30 pm Friday: 7:00 am – 5:00 pm Saturday: 9:00 am – 3:00 pm
Cliff Whetten Clinic 10566 N Hwy 191, Elfrida, AZ 85610	Call: 520-642-2222	Monday – Thursday 8:00 am – 5:00 pm
Sierra Vista Adult Clinic 155 Calle Portal Suite 300 Sierra Vista, AZ 85635	Call: 520-459-3011	Monday – Thursday: 7:00 am – 7:00 pm Friday: 7:00 am – 5:00 pm Saturday: 9:00 am – 3:00 pm

Clarvida (formerly Pathways of Arizona)

<https://www.clarvida.com/>

We provide comprehensive community-based outpatient services to support the critical needs of our clients.

Services include:

- Comprehensive Intake Assessments
- Psychiatric Evaluations
- Ongoing Medication Management
- Individual Therapy
- Seven Challenges—Individual and Group
- Case Management
- Employment Services
- Family Therapy
- Telehealth
- Peer Support
- SUD
- EMDR
- Trauma Focused CBT

Contact information	Referral details	Hours of Operation
Glendale 2830 W Glendale Ave, Suite 23 Phoenix, AZ 85051 P: 520-570-1443	Call: 520-748-7108 **We do not have support or case management services at this location**	Monday – Friday: 9:00 am – 5:00 pm

Main Tucson *OBOT 1161 N. El Dorado Pl. Suite 103 Tucson, AZ 85715 P: 520-748-7108 F: 520-570-1395	Call: 520-748-7108	Monday – Thursday: 8:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm
Northwest Tucson*OBOT 3295 W. Ina Rd. Suite 150 Tucson, AZ 85741 P: 520-744-4376 F: 520-579-1138	Call: 520-744-4376 or 800-489-0064	Monday and Wednesday: 8:00 am – 6:00 pm Tuesday and Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Yuma 3818 W. 16 th St. Yuma, AZ 85364 P: 928-317-0177 F: 928-783-0522	Call: 928-317-0177	Monday: 7:00 am – 6:00 pm Tuesday – Friday: 7:00 am – 5:00 pm

Clean Slate

<https://www.cleanslatecenters.com>

We recognize that drug addiction, substance abuse, or substance use disorder, is a disease of mind, body and spirit, that it doesn't discriminate—touching people from all walks of life—and that every patient is a unique individual. That's why we craft an individualized treatment plan for you. Our approach is holistic—treating the whole person, rather than just the substances or symptoms alone—and integrative, combining medication with counseling, community, and long-term recovery support. Toward these ends, we are guided by four pillars of care: Medical, Counseling, Community, and Recovery.

Services Include:

- Biopsychosocial Assessment
- Individual Counseling
- Recovery Coaching
- Care Coordination
- Medical
- MAT
- Alcohol Use Disorder
- Hepatitis C Treatment
- LGBTQ+ groups
- Veterans
- Specialized care for Pregnant Patients

Contact information	Referral details	Hours of Operations
15255 N. 40th St, Bldg. 5, Suite 135 Phoenix, AZ 85032 P: 480-417-4215 F: 602-900-5105	Call: 480-417-4215 Fax: 602-900-5105 email: amagras@cleanslatecenters.com	Monday, Tuesday, Thursday: 9:00 am – 5:00 pm Wednesday: 9:00 am – 8:00 pm Friday: 9:00 am - 2:00 pm
7725 N. 43rd Ave. #522 Phoenix, AZ 85051 P: 480-729-8341 F: 623-233-6570	Call: 480-417-4215 Fax: 602-900-5105 email: amagras@cleanslatecenters.com	Tuesday 1:30 pm – 5:00 pm Thursday 9:00 am – 5:00 pm
8410 W. Thomas Rd. Phoenix, AZ 85037 P: 480-417-5289 F: 602-812-7491	Call: 480-417-4215 Fax: 602-900-5105 email: amagras@cleanslatecenters.com	Monday, Tuesday, Thursday: 9:00 am – 5:00 pm Wednesday: 9:00 am – 8:00 pm Friday: 9:00 am - 2:00 pm
2451 E Baseline Rd #430 Gilbert, AZ 85234 P: 602-313-4391 F: 480-699-4427	Call: 480-417-4215 Fax: 602-900-5105 email: amagras@cleanslatecenters.com	Monday, Tuesday, Thursday: 9:00 am – 5:00 pm Wednesday: 9:00 am – 8:00 pm Friday: 9:00 am - 2:00 pm

CODAC Health Recovery Wellness

<http://www.codac.org/>

CODAC offers access to professional and supportive integrated behavioral health, primary care and wellness services for adults (ages 18+). Working together, our comprehensive care teams treat the whole you—all in one convenient location.

Support & Care After Business Hours:

The Safety Zone is a safe phone number to call when you feel you need additional support outside of CODAC's normal business hours but are not in immediate danger to yourself or others. Staff who answer the phone line are CODAC employees.

Services:

- Psychiatry
- Medication Management
- PCP
- Case Management
- Individual, Family, Couple, and Group Therapy
- MAT
- SUD
- Peer Support
- IOP for Men
- IOP for Women
- Holistic Wellness
- Relapse Prevention
- Diabetes Self-Management Skills Group
- DBT Therapy Group
- Bilingual (Spanish) Groups
- Grief & Loss
- Groups for members 50+
- Chronic Pain Management Group
- Parenting Groups
- Women's Domestic Violence Therapy Group

- Men's Domestic Violence Therapy Group

Contact information	Referral details	Hours of Operation
CODAC Medication Assisted Addiction Treatment *OTP 380 E. Fort Lowell Rd. Tucson, AZ 85705 F: 520-792-4977	Call: 520-327-4505 24/7 MAT Phone: 520-202-1786	Monday – Friday: 5:00 am – 4:00 pm
CODAC at Alvernon 630 N. Alvernon Way. Tucson, AZ 85711	Call: 520-327-4505	Monday – Friday: 7:00 am – 6:00 pm
CODAC at Cobblestone 1075 E. fort Lowell Rd. Tucson, AZ 85719	Call: 520-327-4505	Monday – Friday: 8:00 am – 5:00 pm
Women's Recovery Services 502 N. Silverbell Rd. Tucson, AZ 85745	Call: 520-202-1716	Monday – Friday: 8:00 am – 5:00 pm
After Hours Support (Safety Zone)	Call: 520-202-1950	Call anytime between 7:00 pm - 7:00 am All day on weekends & holidays.

Community Bridges Inc.

<https://communitybridgesaz.org/>

Community Bridges, Inc. (CBI) uses a holistic—or integrated—approach to addiction treatment and behavioral health concerns. We take each person's unique traits and issues into account to design a treatment plan. Using a combination of education, therapy, housing, medications, peer support, inspiration, hope and other supportive services, our solutions are never one-size-fits-all. People are unique, and their treatment plan should be too.

Services:

- Evaluation and Medical Consultation
- Medical Detoxification
- MAT
- Outpatient Treatment Groups
- Primary Medical Care
- Psychiatric Evaluation and Treatment
- Medication Management
- Case Management
- Peer Support
- Continuum of Care
- Relapse Prevention
- Individual Counseling
- Family Education
- Court-Ordered Treatment
- Court Ordered Evaluation
- Veteran Programs
- Employment Assistance

MAT Medications varied by clinic:

- Suboxone
- Vivitrol
- Methadone

Contact information	Referral details	Hours of Operation
Avondale* OTP 824 N. 99 th Ave. Suite 107 & 108 Avondale, AZ 85323 P: 623-643-9678	Call: 623-643-9678 877-931-9142 Email: Cgipreferrals@cbridges.com	Monday – Thursday: 8: 00 am – 8:00 pm Friday: 8:00 am -5:00 pm
Casa Grande 675 E. Cottonwood Ln. Casa Grande, AZ 85122 P: <i>Outpatient Service</i> 520-426-2058 P: 520-426-0088	Call: 520- 426-0088 Email: Cgipreferrals@cbridges.com	Inpatient 24/7 <i>Outpatient</i> Monday- Friday: 8:00 am – 5:00 pm
Globe Outpatient Service Center 5734 East Hope Lane, Suite 2 Globe, AZ 85501 P: 928-425-2415 F: 928-425-2464	Fax: 928-425-2464	Monday – Friday: 8:00 am – 5:00 pm
Detox 560 S. Bellview, Room A Mesa, AZ 85204	Call: 877-931-9142	Monday – Sunday: 6:00 am- 8:00 pm
Center for Hope Residential 554 S. Bellview Mesa, AZ 85204 P: 480-461-1711 F: 480-833-5772	Call: 480-461-1711	Outpatient: Monday – Friday: 8:00 am – 6:00 am
Cactus 1520 E Pima St. Phoenix, AZ 85034 P: 602-407-6280	Call: 602-407-6280	Monday – Friday: 8:00 am – 5:00 pm
Tucson 250 S. Toole Ave. Tucson, AZ 85701 P: 520-323-1312 F: 520-617-5518	Call: 520-617-5518	Monday – Friday: 8:00 am – 5:00 pm
Yuma *OTP 3250 E 40 th St. Yuma, AZ 85365 P: 928-373-6743 F: 480-7752452	Call: 928-373-6743	MAT services Monday – Friday: 5:00 am – 6:00 pm Saturday: 5:00 am -8:00 am

Crisis Mobile Team by County Cochise, Graham, Greenlee, La Paz, Pinal, Santa Cruz	Call: 866-495-6735	24 hours
Crisis Mobile Team by County Gila River and Ak-Chin Indian Communities	Call: 800-259-3449	24 hours
Crisis Mobile Team by County Maricopa County	Call: 800-631-1314	24 hours
Crisis Mobile Team by County Pima County	Call: 520-405-5047 <i>during business hours</i> 866-495-6735 <i>After hours</i>	24 hours
Crisis Mobile Team Salt River Pima Maricopa Indian Community	Call: 855-331-6432	24 hours

Community Health Associates (CHA)

<https://www.chaarizona.com>

Our providers will assist you in achieving your mental health goals. Looking at your history, family history, current situation, and needs together we work with you to develop a treatment plan to get to your optimum functioning. We offer video conferencing (telehealth) for those who have transportation difficulty as well as assistance for things like pharmacy coordination, medication management, and primary care coordination.

Justice Involved Services

Our Targeted Investment Program (TIP) sites are dedicated to integrating primary care and behavioral health services, for the purposes of better coordination of preventive and chronic illness care, for adults transitioning from the Criminal Justice System.

DTAP Program is “Drug Treatment Alternatives to Prison” through the Pima County Attorney’s Office. This is a very unique program offering high risk/high needs drug offenders an opportunity to engage in treatment and recovery support services instead of facing extended incarceration through the prison system.

Recovery Opportunity Center (ROC) a 23 hour “Living Room Model” Crisis Program. It is a short-term crisis intervention, 24hrs a day, 7 days a week. Provides crisis resources, which are described as: immediate and unscheduled behavioral health services in response to an individual’s behavioral health issue to prevent imminent harm or to stabilize or resolve an acute behavioral health issue. This is offered at the Yuma and Parker location.

Services:

- Psychiatry
- Medication Management
- PCP
- Telehealth
- Case Management
- Health Promotion
- Peer Support
- Cognitive behavioral therapy (CBT)
- Individual therapy
- Group therapy
- Dialectical behavioral therapy (DBT)
- Couples therapy
- Experiential therapy
- Family therapy

- Trauma therapy
- Substance abuse counseling
- Addiction treatment therapy
- 12-Step based treatment approach
- DUI
- Domestic Abuse Intervention Groups
- Parenting Groups
- Employment Support
- Brief intervention approach
- Contingency management/motivational incentive
- Motivational interviewing
- Counseling for anger management
- Matrix Model
- Naltrexone
- Court-Ordered Treatment

Contact information	Referral details	Hours of Operation
Bisbee Mental Health Clinic 1326 HWY 92, Suite J Bisbee, AZ 85603 P: 520-366-3603 F: 520-432-3678	Call: 877-320-1587	Monday – Friday: 8:00 am – 6:00 pm
Douglas Integrated Care Clinic 1701 N. Douglas Ave. Douglas, AZ 85607 P: 520-366-3133 F: 520-364-2770	Call: 877-320-1587	Monday – Friday: 8:00 am – 6:00 pm
Tucson Integrated Care Clinic 1773 W. St. Mary Rd. Ste. 105 Tucson, AZ 85745 P: 520-622-8357 F: 520-622-1028	Call: 877-320-1587	Monday – Friday: 8:00 am – 6:00 pm
Tucson Mental Health Clinic 1773 W. St. Mary Rd. Ste. 102 Tucson, AZ 85745 P: 520-622-8357 F: 520-622-1028	Call: 877-320-1587	Monday – Friday: 8:00 am – 6:00 pm
Parker Mental Health Clinic 1516 Ocotillo Ave. Parker, AZ 85344 P: 928-376-0026 F: 928-782-2298	Call: 877-320-1587	Monday – Friday: 8:00 am – 6:00 pm
Parker Integrated Clinic 1021 S. Kofa Ave Parker, AZ 85344	Call: 877-320-1587	Monday - Friday 8:00 am- 6:00 pm

San Luis Mental Health Clinic 1938 E. Juan Sanchez Blvd, Ste. 4 San Luis, AZ 85349 P: 928-376-0026 F: 928-782-2298	Call: 877-320-1587	Monday – Friday: 8:00 am – 6:00 pm
Yuma Mental Health Clinic 2851 S. Ave B, Bldg. 4 Yuma, AZ 85364 P: 928-376-0026 F: 928-782-2298	Call: 877-320-1587	Monday – Friday: 8:00 am – 6:00 pm

Community Medical Services (CMS)

<https://communitymedicalservices.org/>

We take a holistic approach to treating our patients with the singular aim of helping them heal. We specialize in providing outpatient medication-assisted treatment (MAT), which may include methadone, buprenorphine, and suboxone combined with counseling and community-based services.

Services:

- MAT
- Pregnancy and MAT
- Individual & Group Counseling
- Peer Support

Contact information	Referral details	Hours of Operations
Casa Grande *OTP 440 N. Camino Mercado St., Suite #2 Casa Grande, AZ 85122 P: 520-424-7390 F: 520-509-1287	Call: 855-203-6352	Medicating Hours: Monday – Friday 5:00 am – 10:00 am Saturday 6:00 am – 9:00 am <i>Holidays</i> 6:00 am – 9:00 am Counseling Hours: Monday – Friday 5:00 am – 10:00 am Saturday 6:00 am – 9:00 am
Lake Havasu *OTP <i>(servicing La Paz County)</i> 329 Lake Havasu Ave. Lake Havasu, AZ 86403	Call: 855-203-6352	Medicating Hours: Monday – Friday: 4:30 am -11:30 am Saturday: 6:00am-9:00am

P: 928-764-7266 F: 928-302-3615		<i>Holidays: 6:00am-9:00am</i> Counseling Hours: Monday - Friday: 4:30 am -1:30 pm
Mesa on Main *OTP 2940 E. Main St. Mesa, AZ 85213 P: 480-977-1500 F: 480-912-1309	Call: 855-203-6352	Monday – Saturday: 4:30 am -3:30 pm
Mesa *OTP 6116 E Arbor Ave #104, Mesa, AZ 85206 P: 480-499-4599 F: 480-656-5687	Call: 855-203-6352	Medicating Hours: Monday – Friday: 4:30 am -11:30 pm Saturday: 6:00 am – 8:00 am <i>Counseling Hours:</i> Monday - Friday: 4:30am-11:30am
Nogales *OTP 274 W. Viewpoint Drive Nogales, AZ 85621 P: 520-924-8900 F: 520-281-1421	Call: 855-203-6352	Medicating Hours: Monday – Friday: 4:30 am-11:30 am Saturday: 6:00 am - 9:00 am <i>Holidays: 6:00am-9:00am</i> Counseling Hours: Monday - Friday: 4:30 am -11:30 am
23rd Ave (24/7) *OTP 7830 N. 23rd Ave. Phoenix, AZ 85021 P: 602-775-5634 F: 602-237-5497	Call: 855-203-6352	<i>New Intake Hours</i> 24/7 Medicating Hours: Sunday - Saturday: 4:30 am - 8:00 pm Counseling Hours: Sunday - Saturday: 4:30 am - 8:00 pm
Peoria *OTP 10689 N. 99th Ave. Peoria, AZ 85345 P: 623-233-1333 F: 623-234-8333	Call: 855-203-6352	Medicating Hours: Monday – Friday: 4:30 am - 1:30 pm Saturday: 5:00 am - 10:00 am <i>Holidays:</i> 5:00 am - 10:00 am Counseling Hours Monday - Friday: 4:30 am - 1:30 pm

Alpha *OTP 3825 N. 24th St. Phoenix, AZ 85016 P: 602-955-7997 F: 602-954-0980	Call: 855-203-6352	Medicating Hours: Monday - Saturday: 4:30am - 3:30pm Sunday: Closed <i>Holidays:</i> 5:00am-10:00am <i>Counseling Hours:</i> Monday - Saturday: 4:30 am-3:30 pm
Northern *OTP 2301 W. Northern Ave. Phoenix, AZ 85021 P: 602-866-9378 F: 602-866-9394	Call: 855-203-6352	Medicating Hours: Monday - Friday: 4:30 am - 6:00 pm Saturday: 5:00 am - 2:00 pm <i>Holidays: 5:00am-2:00pm</i> Counseling Hours: Monday - Friday: 4:30 am - 6:00 pm Saturday: 5:00 am - 2:00 pm
Safford *OTP 102 E. Main St. Safford, AZ 85546 P: 928-985-2700 F: 928-792-2829	Call: 855-203-6352	Medicating Hours: Monday - Friday: 4:30 am - 11:30 am Saturday: 6:00am-9:00am Holidays: 6:00am - 9:00am Counseling Hours: Monday - Friday: 4:30 am - 11:30 am Saturday: 6:00 am-9:00 am
Sierra Vista *OTP 302 El Camino Real, Bldg. 10, Suites C & D Sierra Vista, AZ 85635 P: 520-895-6300 F: 520-263-4594	Call: 855-203-6352	Medicating Hours: Monday - Friday: 4:30 am - 11:30 am Saturday: 6:00 am - 9:00 am Holidays: 6:00am - 9:00am Counseling Hours: Monday - Friday: 4:30 am - 11:30 am Saturday:

		6:00 am - 9:00 am
Broadway Tucson *OTP 6802 E. Broadway Tucson, AZ 85710 P: 520-314-1400 F: 520-203-7539	Call: 855-203-6352	Medicating Hours: Monday - Friday: 4:30 am - 11:30 am Saturday: 6:00 am - 9:00 am Holidays: 6:00am-9:00am Counseling Hours: Monday - Friday: 4:30 am - 11:30 am
Northwest Tucson *OTP 2001 W. Orange Grove Rd. Ste. 202 Tucson, AZ 85704 P: 520-775-3500 F: 520-742-4764	Call: 855-203-6352	Medicating Hours: Monday - Friday: 4:30 am - 11:30 am Saturday: 6:00 am - 9:00 am Holidays: 6:00am - 9:00am Counseling Hours: Monday - Friday: 4:30 am - 11:30 am Intake Hours: Monday - Friday: 4:30 am - 2:30 pm
Yuma *OTP 501 W 8th Street. Yuma, AZ 85364 P: 928-291-3565 F: 928-318-2109	Call: 855-203-6352	Medicating Hours: Monday - Friday: 4:00 am - 8:00 pm Saturday - Sunday: 4:00 am - 12:00 pm <i>Holidays: 4:00am-2:00pm</i> Counseling Hours: Monday - Friday: 4:00 am - 8:00 pm

Community Partners Integrated Health

<http://www.communitypartnersinc.org/>

As one of the first licensed integrated care clinics in Arizona. At CPIH, members will receive excellent behavioral and physical healthcare under one roof. Experience whole-person-centered planning to achieve greater wellness at home and in the community. Our wellness

centers specialize in integrated healthcare that is tailored to the individual's health needs. Telemedicine options are also available.

Desert Rose Young Adult Program

The CPIH Young Adult Program, also known as the SHIFT (Shaping Healthy Independence for Tomorrow) Program, is tailored to meet the individual needs of young adults 17 to 24 years of age. Through our individualized, strengths-based approach, the Young Adult Program guides members to a more healthy, capable and confident lifestyle. The Rosemont Health Campus, conveniently located in central Tucson, is the primary site for this specialized program. There, members can receive in-office services along with group and primary medical care. Initial engagement with the young adult can begin as early as 17 years old to ensure a smooth transition from the youth system of care to the adult system of care.

The SHIFT Program focuses on providing individualized, strengths-based services to the "whole person". Young adults will receive coaching, integrated physical and mental health care, counseling support and life skills training. Topics within our services may include financial literacy/budgeting, employment readiness and housing to promote self-sufficiency. Services are provided within the community as well as in a young-adult friendly environment.

Services:

- Primary Medical Care
- Mental Health
- Psychiatry
- Medication Management
- Telehealth
- Case Management
- MAT
- Substance Use Recovery Groups
- Individual Counseling
- Peer Support
- Nutrition Education
- Chronic Disease Management
- Tobacco Cessation
- Health Screenings
- Member Employment Training
- Lab Services
- Court-Ordered Treatment
- First Episode Psychosis

Contact information	Referral details	Hours of Operation
Benson 500 S. Highway 80 Suite A Benson, AZ 85602 P: 520-720-0290 F: 520-586-4644	Call: 520-720-0290 Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday 8:00 am – 5:00 pm
Desert Garden BIP (Residential) 2502 N. Dodge Blvd. Suite 190 West Wing Tucson, AZ 85716 P: 520-618-8800 F: 520-618-6767	Call: Email: David.Oroz@communitypartnersinc.org	24 hours

Desert Mountain 2499 E. Ajo Way Tucson, AZ 85713 P: 520-901-2300 F: 520-618-6702	Email: DM@communitypartnersinc.org	24 hours
Desert Rose Clinic 5055 E. Broadway Blvd. Suite A200 Tucson, AZ 85711 P: 520-901-4800 F: 520-901-4700	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm
Maricopa 20046 N. John Wayne Pkwy., Suite 102 Maricopa, AZ 85139 P: 520-381-0048 F: 520-568-0057	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm
Parker 1021 Kofa Ave. Parker, AZ 85344 P: 928-376-0220 F: 928-669-2500	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm
Phoenix 1515 E. Osborn Rd. Phoenix, AZ 85014 P: 602-604-0000 F: 602-604-5863	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm
Safford 301 E. 4th St. Suites A & B Safford, AZ 85546 P: 928-792-4242 F: 928-428-3885	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm
Sierra Vista 2039 E. Wilcox Dr. Suites A & B Sierra Vista, AZ 85635 P: 520- 226-9002 F: 520-459-0563	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm
Tucson Park 3939 S. Park Ave. Suite 150 Tucson, AZ 85714 P: 520-333-4320 F: 520-207-0542	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm

Desert Palm Clinic OTP* 1021 E. Palmdale Suite #130 Tucson, AZ 85714	Email: CPIHenrollment@communitypartnersinc.org	Dosing Hours: Monday-Friday: 5:00am-1:00pm Office Hours: Monday-Friday: 8:00am- 5:00pm
Yuma 2545 S. Arizona Ave. Bldg. A-D Yuma, AZ 85364 P: 928-376-0220 F: 928-344-2861	Email: CPIHenrollment@communitypartnersinc.org	Monday - Friday: 8:00 am – 5:00 pm

Copa Health

<https://www.copahealth.org>

Copa Health’s integrated care for individuals with mental health challenges delivers a model of person-centered care that meets people where they are, guiding them to where they want to be. We use evidence-based practices and caring professionals to transform lives. We empower Arizonans to achieve their best possible health and a life of meaning and purpose.

We deliver care teams that include primary care physicians, registered nurses, medical assistants, and partner with pharmacies so members can receive multiple services in one familiar setting. Members can receive preventative health screenings, physical exams, flu shots, and guidance. There is close collaboration with pharmacies and benefits specialists to expedite the process to ensure members get the care they need without delay. Copa staff coordinate with community primary care physicians (PCPs) and specialists. Our approach targets the risk factors that cause heart disease, stroke, diabetes, and other unwanted chronic health conditions.

Case Management:

Copa Health case managers are trained system navigators and advocates whose primary job is to assist members in identifying services that help you achieve your goals. Your case manager is there through hard times and good times, with a listening ear and comforting smile to ease your way through short term crises.

Health and Wellness Services:

Health and Wellness programs offer fun and engaging educational and action-oriented services that support positive life changes in diet, fitness, stress, and sleep. Our health coaching staff is certified in physical fitness, nutrition, and Stanford Chronic Disease Self-Management to offer services with proven results. From fitness centers and walking groups to cooking classes and yoga, we’ll help you get to where you want to be, one step at a time.

Substance Abuse Recovery and Counseling Services:

Our Substance Abuse Recovery Program, SPECTRUM, combines mental health and addiction recovery treatment to achieve your goals, one step at a time. The integrated recovery team supports individuals and their families to achieve meaning, purpose, and balance in life. General counseling services are offered to build people skills, solve life issues, and promote personal recovery growth.

Mental Health Services:

- Psychiatry, Nursing, and Medication Services
- PCP
- Screenings
- Assessments
- Psychotherapy
- Brief Interventions
- Case Management
- Individual and Family Therapy
- Substance Abuse Recovery and Counseling Services
- DBT
- EMDR
- Health and Wellness
- Supported Employment
- Education and Resources
- Peer Support/Family Support Program
- Telehealth

Contact information	Referral details	Hours of Operation
Metro Center Campus Integrated Health Home 10240 N 31 st Ave suite 200 Phoenix, AZ 85051	Call: 602-997-9006	Monday – Friday: 8:00 am – 5:00 pm
West Valley Campus Integrated Health Home 14100 N 83rd Ave, suite 100 Peoria, AZ 85381	Call: 623-583-0232	Monday – Friday: 8:00 am- 5:00 pm
Arrowhead Campus Integrated Health Home 5625 W Bell RD Glendale, AZ 85308	Call: 602-239-4100	Monday – Friday: 8:00 am- 5:00 pm
Hassayampa Campus Rural Health Outreach Services 811 N Tegner, Suite 121 Wickenburg, AZ 85390	Call: 928-684-5131	Monday – Friday: 8:00 am- 5:00 pm
Gateway Campus Integrated Health Home 5222 E Baseline RD Gilbert, AZ 85234	Call: 480-659-0202	Monday – Friday: 8:00 am- 5:00 pm
East Valley Integrated Health Home 4330 E University DR Mesa, AZ 85250	Call: 480-218-3280	Monday – Friday: 8:00 am- 5:00 pm

COPE Community Services Inc.

<http://www.copecommunityservices.org/>

COPE offers comprehensive programs, specialty services, resources, and support to adults and youth that address general mental health and substance abuse issues, serious mental illness, physical healthcare, and wellness concern.

Cope's Reentry Program: COPE's ReEntry Specialists coordinate services to individuals sentenced to probation who are struggling with managing their substance misuse and are at risk of re-incarceration.

Wellness on Wheels (WOW):

The vehicle is housed at our 5th St. Clinic, and is currently out in the community Monday, Wednesday, and Friday. Mondays they are located at Santa Rita Park, Wednesdays at the park at Speedway and Stone, and Fridays parked by Sister Jose's shelter. We have an MD on the vehicle, so we can provide medical services, exams, and suboxone initiation. We also have 3-5 other staff members who outreach homeless individuals. We can connect these members with any services at COPE, including behavioral health, SUD, etc. Provide hygiene kits, snacks, and Narcan.

WOW Services Include:

- Behavioral Health Screenings
- Medications for Opioid Use Disorder
- General Primary care and Preventative Services
- Well Women Exams
- Diabetes and Health Education
- Hepatitis C Testing and Referral for Treatment
- Peer Support
- Assistance with enrolling in Integrated Health Services

Services:

- Individual, Family, And/or Group Counseling
- Medication services provided by a psychiatrist, nurse practitioner, or nurse
- PCP
- Court-Ordered Treatment
- Case Management
- MAT
- DBT
- EMDR
- Eating Disorder
- Recovery Support
- IOP
- Health Education
- Residential
- Substance Abuse Treatment Prevention
- Employment Services
- Young Adult Program
- Living skills training (i.e., teaching independent living, social, and communication skills)

Contact information	Referral details	Hours of Operation
5th Street Clinic *OTP 5401 E. 5 th St. Tucson, AZ 85712 P: 520-879-6680 F: 520-903-1130	Call: 520-205-4732	Monday - Friday 4:30 am – 12:30 p Saturday: 6:00 am – 10:00 am

Northwest Integrated Care Clinic * OTP 5840 N. La Cholla Blvd. Tucson, AZ 85741 P: 520-498-3900 F: 520-544-7542	Call: 520-205-4732	Monday - Friday 8:00 am – 5:00 pm
La Cholla Clinic * OTP 1501 W. Commerce Court Tucson, AZ 85746 P: 520-741-3180 F: 520-881-1347	Call: 520-205-4732	Monday and Friday: 8:00 am – 5:00 pm
Lakeside Integrated Care Clinic 8050 E. Lakeside Parkway Tucson, AZ 85730 P: 520-584-5820 F: 520-514-1514	Call: 520-205-4732	Monday - Friday: 8:00 am – 5:00 pm
Mesquite Clinic 2435 N. Castro Avenue Tucson, AZ 85705 P: 520-622-8030 F: 520-622-8012	Call: 520-205-4732	Monday - Friday: 8:00 am – 5:00 pm

Crisis Preparation Recovery (CPR)

<https://cprecovery.com/>

CPR offers a variety of services including outpatient counseling, medication management, crisis interventions, transitional care, SMI evaluations, CISM trainings, and disaster/crisis management consulting.

SMI Evaluations:

Crisis Preparation and Recovery, Inc. (CPR) has been completing Seriously Mentally Ill (SMI) evaluations on behalf of the central Regional Behavioral Health Authority (RBHA) for over 13 years, with the availability to complete evaluations on behalf of the northern and southern RBHAs. The purpose of a SMI evaluation is to screen individuals for eligibility in the SMI program. The main goal of the SMI program is to provide psychiatric care and clinical support to individuals suffering from mental illnesses, as mandated by Arizona state law.

CPR offers the opportunity to complete SMI evaluations through video conferencing using secure software. The technology is safe and HIPAA compliant. Completing an evaluation in this manner, however, does require a certain level of technological understanding and planning on your part.

Transitional Care Program:

The CPR Transitional Care Program helps bridge service gaps between different levels and types of care, addressing issues like limited support after hospital discharge and difficulty accessing outpatient services. The program aims to support clients during transition periods,

focusing on short term clinical engagement and education regarding benefits of primary care / support. The program is available to adults aged 18 and up. Clients can connect with counselors, psychiatric nurse practitioners, medical assistants, and case managers in person or virtually at several touchpoints during their transitional period.

Services:

- Psychiatry
- Medication Management
- Telehealth
- Individual Counseling
- Couples Counseling
- Family Counseling
- Faith-Based Counseling
-
- Acceptance and Commitment Therapy (ACT)
- CBT
- DBT
- EMDR
- First Responders

Contact information	Referral details	Hours of Operation
Tempe 2120 S. McClintock Dr #105 Tempe, AZ 85282	Call: 480-804-0326	Monday – Friday: 8:00 am – 4:30 pm
Phoenix 9321 W. Thomas Rd Phoenix, AZ 85037	Call: 480-804-0326	Monday – Friday: 8:00 am – 4:30 pm
Gilbert 2314 S. Val Vista Dr #100 Gilbert, AZ 85295	Call: 480-804-0326	Monday – Friday: 8:00 am – 4:30 pm

Crossroads Inc.

<https://thecrossroadsinc.org/>

Crossroads offers a full continuum of care which allows clients an opportunity to participate in long-term treatment through a step-down process aimed at preparing clients to achieve sustainable recovery outcomes. Programming options include Right Track Residential Program, Outpatient and Aftercare Programs, and Integrated Care.

Crossroads 360 Community Care Clinic is an integrated multidisciplinary team comprised of primary care services, mental health services, MAT services, specialty care services, social care services, community care services, and chronic care management services. These services, by design, are directed by the individual and team.

Contact information	Referral details	Hours of Operation
Crossroads-360 Complete Care Clinic 2002 E. Osborn Rd. Phoenix, AZ 85016	Call: 602-730-3388	Monday – Saturday: 8:00 am – 4:00 pm
Crossroads-360 Complete Care Clinic	Call: 602-730-3388	Monday – Saturday: 8:00 am – 4:00 pm

244 N. Extension Rd. Mesa, AZ 85201		
Crossroads - Arcadia for Men 1700 E. Thomas Rd. Phoenix, AZ 85016 P: 602-263-5242 F: 602-595-4434	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday – Saturday: 8:00 am – 4:00 pm
Crossroads - East for Men 1845 E Ocotillo Rd Phoenix, AZ 85016	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday – Saturday: 8:00 am – 4:00 pm
Crossroads - Extension for Women 244 N Extension Rd Mesa AZ 85201	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday – Saturday: 8:00 am – 4:00 pm
Crossroads - Flower for Women 1632 E Flower St, Phoenix AZ 85016	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday – Saturday: 8:00 am – 4:00 pm
Crossroads - Midtown for Men 3702 N 13th Ave Phoenix, AZ 85013	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday – Saturday: 8:00 am – 4:00 pm
Crossroads - Red Mountain for Men 143 S Center St. Mesa, 85210	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday – Saturday: 8:00 am – 4:00 pm
Crossroads - West for Men 7523 N 35th Ave, Phoenix, AZ 85051	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday – Saturday: 8:00 am – 4:00 pm

DEHP Integrative Care

<https://dehpcare.com/>

We are an integrative clinic that offers a comprehensive program in both behavioral and medical treatments. We offer individual, couple, family, and children psychotherapy.

We offer personalized coaching and at-home treatment, which includes telemedicine, on-site medical treatment by appointment, and on-site counseling (individual and group) by appointment. Most of our services can be offered telemedicine, on/off-site, either at your home or with one of our partners.

Services and Specialties:

- Psychiatry
- Medication Management

- Medication Assisted Treatment (MAT)
- PCP
- Intensive Outpatient Therapy (Group/Individual)
- Counseling for Trauma
- Counseling for Substance Use Disorder
- Individual and Family Therapy
- Couple Therapy
- Compound Grief
- Palliative Care
- Eating Disorders
- Veterans and first responders
- Native American Services (Wellbriety, Drumming, Craft) IOP
- Transitional Housing
- DUI

Contact information	Referral details	Hours of Operation
Central Phoenix 3800 N Central Ave, Suite 1010 Phoenix, AZ 85012	Call: 602-566-7627	Monday – Friday: 9:00 am – 9:00 pm Saturday 9:00 am – 3:00 pm

Denova Collaborative Health

<https://www.denova.com/>

Our goal at Denova Collaborative Healthcare is to meet all your healthcare needs in one integrated location, using our Phoenix primary care doctors that communicate and collaborate with each other to provide the best care and services. We know that health is made up of many factors and there is no one-size-fits-all healthcare model that can adequately address this.

That's why our integrated health care model offers physical, emotional, behavioral health, and wellness services, to create a balanced home for you and your family. You are able to access all of our primary care services and behavioral health treatments from anywhere in the state of Arizona through the convenience of our integrated virtual care.

Services Include:

- Medication Management
- PCP
- Psychiatry
- Psychiatric Evaluation
- Assessments
- Integrated Care Coordinator
- Individual Therapy
- Family Therapy
- Couples Counseling
- Group Therapy
- Gender Identity Counseling
- LGBTQ+ online support groups
- Telehealth

MAT Treatment Medication:

- Suboxone/Subutex

Contact information	Referral details	Hours of Operations
Bella Vista Therapeutic Wellness is 77 Columbus Avenue, Suite 210 Phoenix, AZ 85012 P: 602-281-7296	Call: 602-230-7373	Monday-Friday: 8:00 am – 5:00 pm
Bella Vista 3620 N. 3rd Street Phoenix, AZ 85012 P: 602 281-7300	Call: 602-230-7373	Monday-Friday: 8:00 am – 5:00 pm
Dobson Ranch 2204 S. Dobson Road, Suite 102 Mesa, AZ 85202 P: 480-281-2149	Call: 602-230-7373	Monday-Friday: 8:00 am – 5:00 pm
Integrated Health Center 3033 N. Central Ave., Suite 700 Phoenix, AZ 85012 P: 602-281-7289	Call: 602-230-7373	Monday-Friday: 8:00 am – 5:00 pm
Dobson Ranch Therapeutic Wellness 2204 S. Dobson Road, Suite 201 Mesa, AZ 85202 P: 480-281-2637	Call: 602-230-7373	Monday-Friday: 8:00 am – 5:00 pm
South Mountain 9014 S. Central Ave Phoenix, AZ 85042 P: 602-281-7292	Call: 602-230-7373	Monday-Friday: 8:00 am – 5:00 pm
Moon Valley 750 E. Thunderbird Road Suite 1 Phoenix, AZ 85022 P: 602-281-7294	Call: 602-230-7373	Monday-Friday: 8:00 am – 5:00 pm

Easterseals Blake Foundation

<https://www.easterseals.com/blakefoundation/>

Easterseals Blake Behavioral Health serves children, adults and families across 9 counties of Southern Arizona. We offer trauma informed counseling and groups, parenting education and support, Applied Behavioral Analysis treatment, Substance-use counseling, employment services and medication management.

DUI Services:

BBH is licensed to provide ADOT, and court-approved, services for individuals who require drug and/or alcohol screenings, education, and/or treatment hours. Substance-use screenings are required for the 16-hour DUI education classes in Arizona DUI cases and is presented in a positive and supportive environment at our 7750 E. Broadway Blvd. offices only. Participants can share openly within the curriculum. EBF ensures you understand the process and the results prior to submitting the completion confirmation to ADOT and the appropriate court. The screening session is \$50. Level Two classes are \$20 per hour (\$320), with a 25% savings if paid in advance. EBF offers 20 additional hours of treatment for a total of 36 hours. Level One classes are \$20 per hour (\$720), with a 25% savings if paid in advance.

Therapeutic Groups

Seeking Safety:

Supported by research evidence, the group is present-focused, counseling model to help adults attain safety from trauma and/or substance abuse. Directly addresses both trauma and addiction. Primary goals are to reduce trauma and/or substance abuse symptoms and increase safe coping in relationships, thinking, behavior, and emotions.

Adult Anger Management:

A 12-week cognitive behavioral anger management group that will help adult participants learn skills to successfully manage anger. Based on ACT and Journey Beyond Abuse.

Early Recovery Skills (ERS):

Based on the Matrix Model, participants learn essential skills for establishing abstinence from drugs and alcohol. Sessions teach strategies and practices to assist clients with behavior changes that support abstinence. To benefit fully from treatment, participants are encouraged to also participate in 12-Step or mutual-help groups.

Relapse Prevention Group (RP):

Based on the Matrix Model, these sessions are forums in which people with substance use disorders share information about relapse prevention and receive assistance in coping with the issues of recovery and relapse avoidance. The group is based on the premises that relapse is not a random event, and the process of relapse follows predictable patterns. Signs of impending relapse can be identified by staff members and clients. The setting allows for mutual client assistance within the guiding constraints provided by the counselor. Clients heading toward relapse can be redirected, and those on a sound course to recovery can be encouraged.

Other Support Services:

- Psychiatry
- Medication Management
- Case Management
- Consultation, Assessment and Specialized Testing
- Individual & Family Counseling
- Health Promotion
- Living Skills Training
- Peer Support
- Peer Support (comprehensive)
- Personal Care
- Respite Care
- Supported Employment Services Ongoing
- Pre-Supported Employment Services
- Transportation
- Crisis intervention.
- Family Support

Contact information	Referral details	Hours of Operation
7750 E. Broadway Blvd. Suite A100 Tucson, AZ 85710 P: 520-449-8555	Call: Mike Moore BHT/Program Manager 520-400-7220 Email: mmoore@blake.easterseals.com Call: Denett O'Connor BHP/LISAC 520-401-9942 Email: doconnor@blake.easterseals.com	Monday – Friday: 8:00 am – 5:00 pm
55 S. 5th St. Sierra Vista, AZ 85635 P: 520-452-9784	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
618 S. Central Ave. Safford, AZ 85546 P: 928-362-7343	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
1115 E. Florence Blvd. Suite A, Casa Grande, AZ 85122 P: 520-723-4429	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
3860 W 24 th St, Suites 201-208 Yuma, AZ 85364 P: 928-248-5112	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
7756 E. Broadway Blvd. Ste. C100, Tucson, AZ 85710 P: 520-327-1529	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm

El Paso Family Mentoring and Counseling Services

<https://www.elpasocares.org/>

El Paso Family Mentoring and Counseling Services is an ADHS licensed counseling facility that provides both Outpatient and Intensive Outpatient Home-Based and Community-Based services. We service the General Mental Health Community, aged 2 to 65+, in Maricopa, Pima, Gila, and Pinal Counties!

Family System Based Assessments:

Our assessment is comprehensive, sometimes requiring multiple steps, meaning we are not only assessing the identified client, but also the entire family and community system, recognizing that each is an integral component of the individual's healing, growth, and development.

Individualized Intensive Outpatient (I-IOP), These One-to-One intensive services are provided in the person's environment. Our work with clients provides the direct application of skills in the areas that are causing them distress. Our goal is to positively reduce

substance use, self-harming behaviors, crisis utilization and hospitalization. Beginning with a consultation to assess the need for services, our services are provided as much as needed, up to 12 hours per week. These appointment hours are set accommodating the client's schedule and are designed to not interfere with natural supports.

Services:

- Individual and Group Counseling
- Couple Counseling
- SUD Counseling
- DBT Comprehensive Program
- Personality Disorders
- Anxiety
- Hoarding
- Obsessive Compulsive Disorder
- Co-occurring Struggles
- Complex Trauma
- Grief
- Depression
- Self-harm
- Compassion Fatigue

Contact information	Referral details	Hours of Operation
3118 W. Thomas Rd. Suite 712, Phoenix, AZ 85017 P: 602-388-4017 F: 480-247-4465	Call: 602-388-4017 Email: Referral@ElPasoCares.org	Monday – Friday: 9:00 am – 11:00 am 1:00 pm – 3:00 pm

El Rio Health

<https://www.elrio.org/>

At El Rio Health, we care about the whole person. The best approach to your wellbeing involves caring for you by using an integrated approach to provide care. This provides patients and families with opportunities to actively engage in many services to support your physical and behavioral health needs.

Services:

- Psychiatry
- Medication Management
- MAT
- Substance Use IOP
- Individual and Group Mental Health and Substance Use Counseling
- Harm Reduction Info and Supplies (Fentanyl Test Strips & Narcan)
- PCP
- Dental
- Transgender Health
- HIV
- Pregnancy and Reproductive Health
- Health Builders Wellness Program
- Nutrition Counseling
- Financial Wellness
- Telehealth

Contact information	Referral details	Hours of Operation
Cherrybell 1230 S. Cherrybell Stravenue, Tucson, AZ 85713 P: 520-628-8287 F: 520-309-2560	Call: 520-670-3909	Monday – Friday: 8:00 am – 8:00 pm Saturday: 8:00 am – 4:00 pm

Congress 839 W. Congress St. Tucson, AZ 85745 P: 520-670-3909 F: 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8: 00 am – 4:00pm
El Pueblo 101 W. Irvington Rd. Building 10 Tucson, AZ 85714 P: 520-670-3909 F: 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8: 00 am – 4:00pm
Northwest 320 W. Prince Rd./340 W. Prince Rd. Tucson, AZ 85705 P: 520-670-3909 F: 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8: 00 am – 4:00pm
Southeast 6950 E. Golf Links Tucson, AZ 85730 P: 520-670-3909 F: 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8:00 am – 4:00pm

Family Service Agency

<https://fsaphoenix.org/>

Family Service Agency (FSA) outpatient behavioral health clinics provide timely care, instilling hope, building resilience, and supporting recovery.

Services:

- Psychiatry
- Medication Management
- Individual Counseling
- Family Counseling
- Couple Counseling
- Group Counseling
- CBT
- EMDR
- Trauma
- Eating Disorder Counseling
- Substance Use Disorder Treatment

Contact information	Referral details	Hours of Operation
Metro 10220 N. 31 st Ave #103 Phoenix, AZ 85051 P: 602-863-1862	Call: 602-726-4328 Email: Intake@fsaphoenix.org	Monday – Thursday: 9:00 am – 5:00 pm Friday: 8:00 am – 6:00 pm Saturday: 9:00 am – 6:00 pm
Mesa 1107 S. Gilbert Rd #104 Mesa, AZ 85204 P: 480-507-8619	Call: 520-670-3909	Monday – Thursday: 9:00 am – 5:00 pm Friday: 8:00 am – 6:00 pm Saturday: 9:00 am – 6:00 pm
Greenway 3342 E. Greenway Rd #108 Phoenix, AZ 85032 P: 602-675-2726		Monday – Thursday: 9:00 am – 5:00 pm Friday: 8:00 am – 6:00 pm Saturday: 9:00 am – 6:00 pm

Grossman & Grossman

<https://www.grossmantherapy.com/>

Grossman Therapy provides counseling that addresses issues for survivors of trauma and builds self-regulation skills and develops positive coping strategies for anger, impulse control, depression, anxiety and stress, conflict resolution and general self-management. Our interventions are strength-based, build on the client's capacities, are solution focused and consider the unique needs of each client. Each client has a voice and a choice with Grossman & Grossman in developing a unique treatment plan focusing on client-guided therapy with client-developed goals. At Grossman & Grossman the client is a partner in every part of therapy including developing outcomes and has a voice in the development of all documentation.

All our staff are trained in trauma informed care and are certified by the International Association of Trauma Professionals. We specialize in working with clients from the age of three through all of adulthood in the areas of complex trauma, chronic behavior problems and substance abuse.

We are pleased to provide state-wide Tele-Health sessions for all our current and new clients. Each of our therapists are able to provide HIPAA and HITECH compliant secure video/audio sessions to the comfort of your home. With a simple click of a button, you can connect to us securely through our electronic medical record program. We are here to provide support and care in these challenging times.

Services:

- Psychiatry
- Medication Management
- Telehealth
- Individual and Family Therapy (Office, Home, School, Community)
- Bilingual (Spanish) therapy available
- Perinatal Counseling
- SUD Counseling (MRT)
- EMDR
- DBT
- Tablet loan program for Telehealth

Contact information	Referral details	Hours of Operation
Phoenix 1300 N 12 St Suite 550 Phoenix, AZ 85006	Call: 602-468-2077 Referral: team@grossmantherapy.com	Monday – Friday: 9:00 am – 5:00 pm
Gilbert 3420 Mercy Rd Suite #109 Gilbert, AZ 85297	Call: 602-468-2077 Referral: team@grossmantherapy.com	Monday – Friday: 9:00 am – 5:00 pm
Casa Grande Office 125 N Florence St Casa Grande, AZ 85122	Call: 602-468-2077 Referral: team@grossmantherapy.com	Monday – Friday: 9:00 am – 5:00 pm
Tucson 1707 W St Mary’s Rd Suite 245 Tucson, AZ 85745	Call: 602-468-2077 Referral: team@grossmantherapy.com	Monday – Friday: 9:00 am – 5:00 pm

Hope Inc.

<https://www.hopearizona.org/>

HOPE, Incorporated provides recovery-based community services throughout Southern and Southeastern Arizona; furthermore, we will be expanding to northern Arizona in the near future.

Peer Support Services:

HOPE serves communities throughout Arizona via our licensed outpatient centers. We offer peer-driven center-based services to those who are living with mental illness and/or a substance use disorder, providing recovery support options for individuals needing more structure and a safe place to work on treatment goals. Our centers provide help with creating natural support systems alongside the following member-driven services:

- Case Management
- Coordination of Care
- Independent Living Skills Training
- Information and Referral Services
- Transportation
- Health & Wellness
- Pre-Employment Support
- Substance Use Education

Individual Therapy:

HOPE's Therapy Services are designed to meet the needs of each Member and are offered in a peer-driven, recovery-centered, holistic environment. Individual therapy is provided by licensed therapists, with sessions that focus on a variety of strategies. As an important part of treatment for trauma, mental health concerns, and substance use disorders, therapy can help to identify unhealthy thought patterns and how they contribute to self-destructive behaviors and beliefs. Therapy services are intended to improve functioning, alleviate behavioral health symptoms, reduce or eliminate crisis situations.

Group Therapy:

The fundamental goal of group therapy is to initiate a sense of belonging or relatability through understanding, which is achieved by sharing common experiences. As a peer and family-run organization we collaborate to facilitate trust and empower individuals to participate in their own recovery.

Groups located in Cochise, Yuma, Tucson, and Nogales county.

Peer After-Care Team (PACT):

As a second-responder peer support team, PACT works with members in the community to help with stabilization following a crisis episode. PACT seeks to bridge gaps and facilitate effective transitions working with all involved community agencies on the member's behalf for a period of up to 45 days. PACT's overall goals are to successfully link members with available supports and has obtained additional fundamental coping skills to strengthen their recovery.

Opioid Outreach:

This grant funded program offers peer support to assist community members obtain treatment for an opioid use disorder. Peer staff conducts outreach to underserved, high-risk populations, engage high-risk populations in MAT services, assist with navigation to additional services that promote successful recovery and provide overall support to enhance recovery.

Criminal Justice Programs:

HOPE works in collaboration with law enforcement, managed care providers, community organizations, and family members to support individuals as they transition from the criminal justice system into the community. The goal of peer support services is to help overcome reentry barriers that may result in parole or probation violations, relapse, homelessness, loss of employment, and healthcare.

Reach In assists current and prospective members who have been identified by Banner Health and Arizona Complete Health, and who are set to release within 30 days from Pima County Adult Detention Complex (PCADC). HOPE's goal is to reach individuals while detained, provide peer support, advocacy, court follow-up, and provide further services once released. Individuals will be given an intake at a behavioral health provider seven days upon release. HOPE assists in ensuring each member arrive at that intake. Services are currently available in Pima and Yuma counties.

Contact information	Referral details	Hours of Operations
Apache Junction Outpatient Services 2066 W Apache Trail, Suite 111	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 5:00 pm

Apache Junction, AZ 85120 P: 480-712-0682		
Nueva Luz Outpatient Services 1200 N. Country Club Rd Tucson, AZ 85716-3625 P: 520-770-1197	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 4:00 pm Saturday: 10:00 am-2:00 pm
Nueva Esperanza Outpatient Services 4067 E. Grant Rd Tucson, AZ 85712-2576 P: 520-770-1197	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 5:00 pm
Peer After-Care Team (PACT) 1200 N Country Club Rd Tucson, AZ 85716 P: 520-990-4537	Email: peercrisisteam@hopearizona.org	7 days a week 8:00 am – 6:00 pm
Yuma Outpatient Services 201 South 1st Avenue Yuma, AZ 85364 P: 928-783-3613	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 5:00 pm
Warm Line Call: 520-770-9909 844-733-9912		7 days a week, 365 days a year 8:00 am – 10:00 pm

Horizon Health Wellness

<http://www.hhwaz.org/>

For more than 40 years Horizon Health and Wellness has offered a full range of health care services for all ages and stages of life – primary care, behavioral health services, addiction treatment, and preventative health services. We are committed to providing you the best care to help you and your family sustain a healthy lifestyle. Horizon’s integrated healthcare approach is based on a team of healthcare professionals collaborating to treat the whole person (mind, body, and spirit) – all within one location.

Domestic Violence Services: Our Domestic Violence Services are for participants who, due to a domestic violence misdemeanor conviction, have been ordered by the court to participate in an approved domestic violence program. Through education on domestic violence and cessation of violence in intimate relationships, participants will emphasize personal responsibility.

The participant will learn to identify domestic violence as a means of asserting power and control over another individual. They will also learn about domestic violence management

techniques, how to identify and change thoughts that lead to violence and behavioral interventions that stop acts of violence.

Services Include:

- Assessment and screening to determine eligibility and program requirements.
- Individual counseling, group counseling or a combination of individual and group counseling according to the requirements.
- Case Management as needed to offer additional support through the treatment process.
- Aftercare, if desired, in order to help support a violence-free lifestyle.
- Participant-driven services, which are beneficial and cost effective.

Services:

- Psychiatry
- Psychiatric Evaluations
- Medication Management
- PCP
- MAT
- Therapy
- Comprehensive Assessments
- Behavior management
- Peer and Family Support
- Living Skills
- Court-Ordered Services
- Addiction Education
- IOP
- SUD Education
- DUI Education and Treatment
- Alcohol Screenings
- Onsite Education/Training
- Crisis Services
- Group Therapy (SUD, Emotion Regulation, Anger Management, DUI, DV, Living Skills, Trauma, Parenting, Grief & Loss, Diabetes)

Narcan is available at all Horizon Health and Wellness clinics.

Contact information	Referral details	Hours of Operation
Apache Junction *OBOT 625 N. Plaza Dr. Apache Junction, AZ 85120 P: 480-983-0065 F: 480-983-0896	Call: 833-431-4449 Email: Info@hhwaz.org	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Casa Grande 210 E. Cottonwood Ln. Casa Grande, AZ 85122 P: 520-836-1688 F: 520-876-1796	Call: 833-431-4449 Email: Info@hhwaz.org	Monday – Friday: 8:00 am – 6:00 pm
Globe 415 W. Baseline Spur Globe, AZ 85501 P: 928-402-9297 F: 928-402-9414	Call: 833-431-4449 Email: Info@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm

Habilitation- Day Program & Group Home 160 W. University Dr. Mesa, AZ 85201 P: 480-983-0065	Call: 833-431-4449 Email: Info@hhwaz.org	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Queen Creek 22713 S. Ellsworth Rd. Building A, Suite 101, Queen Creek, AZ 85142 P: 480-474-5670 F: 480-987-7643	Call: 833-431-4449 Email: Info@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm
San Pedro Valley – Oracle 980 E. Mt Lemmon Rd. Bldgs. 1 & 2 Oracle, AZ 85623 P: 520-896-6019 F: 520-896-2035	Call: 833-431-4449 Email: Info@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm
Yuma 1185 S Redondo Center Dr, Yuma, AZ 85364 P: 928-783-3986 F: 928-783-0283	Call: 833-431-4449 Email: Info@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm
Florence 495 N. Pinal Parkway suite 106 Florence, AZ 85132	Call: 833-431-4449	Monday – Thursday 8:00 am – 7:00 pm

Intensive Treatment Systems

<http://www.itsofaz.com>

Intensive Treatment Systems provides medication assisted treatment (MAT) for individuals with opioid use disorder. MAT, combined with counseling, peer support and behavioral therapy creates a holistic, individual approach to treat the “whole-patient”. This FDA-Approved medication helps to alleviate withdrawal and cravings, allowing the patient to focus on positive behavior changes.

24/7 Access Point for Addiction Treatment

Intensive Treatment Systems (ITS) is approved by AHCCCS as an ACCESS POINT to provide individuals with Opioid Use Disorder immediate connection to Medication Assisted Treatment services. We are now open 24 hours a day – 7 days a week! Our ACCESS POINT focus is to provide anyone who is suffering with ANY Drug or Alcohol addiction the best patient centered care no matter the time or day.

Services at all locations:

- Addiction Education
- Care Advocates-Peer Support
- Case Management
- Psychiatry
- HIV/HepC/TB Screening & Referrals
- Individual, Family, and Group Counseling
- Integrated Care
- IOP
- MAT
- Patient Centered-Evidenced Based Treatment
- Relapse Prevention
- Aging Adults
- Employment Support
- Housing Resources
- Pregnancy Resources & Support
- LGBTQ+
- Veterans
- Women's Services
- Transportation

We have bilingual staff who speak Spanish and some other languages

Contact information	Referral details	Hours of Operation
Main Clinic *OTP 651 W. Coolidge Street Phoenix, AZ 85013 P: 602-248-0550 F: 602-248-0557	Call: 855-245-6350 Email: Intake@itsofaz.com	Monday – Saturday: 4:00 am – 12:00 pm
North Clinic*OTP 19401 N. Cave Creek Road, Ste # 18 Phoenix, AZ 85204 P: 602-996-0099 F: 602-996-1915	Call: 855-245-6350 Email: Intake@itsofaz.com	Monday – Saturday: 4:00 am – 8:00 pm
West Clinic COE *OTP 24/7 4136 N. 75th Avenue, Suite #116 Phoenix, AZ 85033 P: 623-247-1234 F: 623-247-4321	Call: 855-245-6350 Email: Intake@itsofaz.com	24 hours a day. 7 Days a week Intakes 24 Hours a Day
San Tan Clinic *OTP 36375 N. Gantzel RD. #101 San Tan, AZ 85140 P: 602-666-1902 F: 602-666-1920	Call: 855-245-6350 Email: Intake@itsofaz.com	Monday – Saturday: 5:00 am – 1:00 pm

Jewish Family & Children's Services

<http://www.jfcsaz.org>

Jewish Family and Children's Service is a non-profit, non-sectarian 501(c) (3) organization dedicated to strengthening the community through quality behavioral health social services, and primary medical care to children, families and adults. Our approach to care is based on traditional Jewish values, but that does not mean we only serve Jewish families. We provide quality services to people of all faiths that helps strengthen families, resolve conflicts and cope with everyday living.

Services for Adult Members:

- Psychiatric Care
- Medication Services
- PCP
- In-Home Services
- General Mental Health/Substance Abuse Services
- Senior Concierge Services
- Memory Café
- Creative Aging
- Integrated Health for Adults
- Domestic Violence Survivor Services
- Counseling

Contact information	Referral details	Hours of Operation
MRZ Healthcare Center 3001 N. 33rd Avenue Phoenix, AZ 85017 P: 602-353-0703	Call: 602-256-0528 Fax: 602-254-8611	Therapy Monday – Thursday: 7:00 am -7:00 pm Friday: 7:00 am -5:00 pm
Glendale Healthcare Center 5701 W. Talavi Blvd., Suite 180 Glendale, AZ 85306 P: 623-486-8202	Call: 602-256-0528 Fax: 602-254-8611	Monday – Thursday: 8:00am – 4:30pm Friday: 8:00am – 1:00pm

La Frontera-EMPACT SPC

<http://www.lafronteraaz.org/>

EMPACT – Suicide Prevention Center offers comprehensive crisis and community behavioral health services to children, adults and families. We provide services in Maricopa and Pinal counties with office locations in Tempe, Phoenix, Glendale, Mesa, Apache Junction, San Tan Valley, and the city of Maricopa.

Trauma Healing Services:

La Frontera / EMPACT-SPC's Trauma Healing Program offers confidential, 24-hour a day services for individuals affected by sexual assault, domestic violence, or hate crimes. Services include a confidential 24-hour hotline; mobile crisis support; individual, couples, family, and group therapy; and case management and advocacy.

LGBTQ+

In collaboration with the Gay Lesbian and Straight Education Network (GLSEN), EMPACT offers hotline, crisis intervention, and support services to LGBTIQ youth and families, as well as training for schools and organizations, and connection to other community resources.

Rally Point Arizona

The Rally Point Arizona Military Navigator Program provides military service members, veterans, and their family members with crisis prevention, intervention, and peer-based support and resource navigation services.

Contact information	Referral details	Hours of Operation
La Frontera-Apache Junction 11518 E Apache Trail # 129 Apache Junction, AZ 85120 P: 480-317-2214	Call: 480-317-2214	Monday – Thursday: 7:00 am – 7:00 pm Friday 7:00 am – 5:00 pm

La Frontera-Comunidad 1035 E. Jefferson St. Phoenix, AZ 85034 P: 602-251-0650	Call: 480-784-1514	Monday – Friday: 8:00 am – 5:00 pm
La Frontera-EMPACT SPC, Maricopa 21476 N. John Wayne Pkwy C101 Maricopa, AZ 85139 P: 520-316-6068	Call: 480-784-1514	Monday – Thursday: 7:00 am – 7:00 pm Friday: 7:00 am – 5:00 pm
La Frontera-EMPACT SPC, TEMPE 618 s. Madison Dr. Tempe, AZ 85281 P: 480-784-1514	Call: 480-784-1514	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 6:00 pm
La Frontera-Glendale 4425 W. Olive Ave. Suite 194 Glendale, AZ 85302 P: 480-784-1514	Call: 480-784-1514	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 6:00 pm
La Frontera-San Tan 2474 E. Hunt Hwy Suite A 100 San Tan Valley, AZ 85143 P: 480-317-2213	Call: 480-317-2213	Monday – Thursday: 7:00 am – 7:00 pm Friday: 7:00 am – 5:00 pm

La Frontera

<http://www.lafronteraaz.org/>

Services:

- Psychiatric
- Medication Management
- Psychological Testing
- Case Management
- PCP
- Individual, Family, Group Counseling
- MAT
- IOP SUD
- SUD Groups
- Moral Reconciliation Therapy (MRT)
- Wellness & Recovery Groups
- Domestic Violence Groups
- Peer and Family Support
- Peer Support Certification
- Veteran Services
- Employment Services
- DUI Groups

La Frontera offers a number of services. Contact your local clinic or other location for the services provided.

Most of these services are available in person, by phone, or video.

Contact information	Referral details	Hours of Operation
Rally Point Arizona 1082 E. Ajo Way Suite 100 Tucson, AZ 85713 P: 520-838-5703	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Thursday: 8:00 am - 5:00 pm
La Frontera East Clinic *OBOT 4891 E. Grant Rd, Tucson, AZ 85712 P: 520-296-3296	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 8:00 am - 5:00 pm
Hope Center *OTP 260 S. Scott Tucson, AZ 85701 P: 520-585-5408	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 5:00 am - 12:00 pm Saturday: 6:00 – 9:00 am
La Frontera Mountain Clinic 3620 N. Mountain Ave. Tucson, AZ 85719 P: 520-882-5145	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 8:00 am - 5:00 pm
La Frontera Southwest 1210 E. Pennsylvania St. Tucson, AZ 85714 P: 520-741-2351	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 8:00 am - 5:00 pm
La Frontera Center, Inc. 1101 E. Broadway Blvd., Suite 130 Tucson, Arizona 85719 P: 520-838-5700	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 8:00 am - 5:00 pm
Gateway 1430 N Oracle Rd Tucson, AZ 85705 P: 520-741-3120	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 8:00 am - 5:00 pm
Rapp Project Connect 4475 S Country Club Tucson, AZ 85714 P: 520-882-8422	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 8:00 am - 5:00 pm

South Tucson Clinic 502 W 29 th St Tucson, AZ 85713 P: 520-884-9920	Call: 520-838-5600 Email: enroll@lafrontera.org	Monday – Friday: 8:00 am - 5:00 pm
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La Frontera Southeastern Arizona Behavioral Health Services (SEABHS)

<https://lafrontera-seabhs.org/>

All SEABHS outpatient clinics offer a variety of General Mental Health Services for adults who do not receive services through our SMI and substance abuse programs. All clinics provide psychiatric medications, medication monitoring, individual therapy, marital therapy, family therapy, group therapy, Court-ordered treatment, and case management services (i.e. transportation, housing, referrals, vocational rehabilitation referrals). Therapy modalities differ from clinic to clinic.

Contact information	Referral details	Hours of Operation
Benson Outpatient 590 S. Ocotillo St, Benson, AZ 85602 P: 520-586-6177	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm
Clifton Outpatient 10 A Ward Canyon Rd. Clifton, AZ 85533 P: 928-865-4531	Call: 520-586-6940 Fax: 520-586-6118	Thursday: 8:00 am – 5:00 pm <i>closed for lunch</i> 12:00 pm -1:00 pm
Douglas Outpatient & Integrated Care 936 F Ave. #B Douglas, AZ 85607 P: 520-364-3630	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm
Nogales Outpatient 1891 N. Mastick Way Nogales, AZ 85621 P: 520-375-5300	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm
Safford Outpatient 1615 S. 1 st Ave. Safford, AZ 85548 P: 928-428-4550	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm
Sierra Vista Outpatient 4755 Campus Dr. Sierra Vista, AZ 85635 P: 520-458-3932	Call: 520-586-6940 Fax: 520-586-6118	Monday – Thursday: 9:00 am – 7:00 pm Friday: 9:00 am – 5:00 pm

Willcox Outpatient 404 Rex Allen Dr. Willcox, AZ 85643 P: 520-384-2521	Call: 520-586-6940 Fax: 520-586-6118	Tuesday and Thursday: 8:00 am – 12:00 pm & 1:00 pm – 5:00 pm Monday, Wednesday, Friday: by appointment only
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Lifewell Behavioral Wellness

<http://www.lifewell.us/>

Lifewell Behavioral Wellness, provides outpatient, rehabilitation, and residential treatment services to individuals with a mental health and/or substance use. Lifewell works with GMH/SU and SMI populations and serves adults age 18+.

Services:

- Comprehensive Assessments
- Individual and Group Counseling.
- Substance Abuse Treatment
- Anger Management
- Co-occurring (mental health and substance use)
- General Mental Health
- Women's Day Group
- Relapse Prevention
- Chronic Disease Management
- Health and Wellness
- Psychiatric Evaluation
- Medication Monitoring
- Court-Ordered Treatment

Rehabilitation Services:

Assists individuals in developing skills and behaviors to achieve and sustain community integration, vocational skills, and social independence.

- Supported Education Program
- Academic Assessment
- Adult Basic Education, Pre-GED, and GED Instruction
- Computer Skills
- Peer Certification Training
- Culinary Awareness and Nutrition
- Supported Volunteering
- Health and Wellness
- Career Areas- 1:1 support and groups

Residential (Female) GMH/SU:

- Substance abuse treatment for women
- Priority program for those expecting a child/have child up to age 5
- On Site Nursery
- Medically assisted treatment available

Contact information	Referral details	Hours of Operation
LWC Mitchell 40 E. Mitchell Dr. Phoenix, AZ 85012 P: 602-264-4331	Call: 602-808-2822 E-mail: referrals@lifewell.us	Monday – Friday: 8:00 am – 5:00 pm
LWC Beryl 2505 W. Beryl Ave. Phoenix, AZ 85021 P: 602-957-2220 F: 602-599-5999	Call: 602-808-2822 E-mail: referrals@lifewell.us	Monday – Friday: 8:00 am – 4:00 pm

LWC University 262 E. University Dr. Mesa, AZ 85201 P: 602-808-2800 F: 602-599-5999	Call: 602-808-2822 E-mail: referrals@lifewell.us	Monday – Friday: 8:00 am – 5:00 pm
LWC Power 6915 E. Main St. Mesa, AZ 85207 P: 602-353-2340 F: 602-599-5999	Call: 602-808-2822 E-mail: referrals@lifewell.us	Monday – Friday: 8:00 am – 5:00 pm

Marana Healthcare

<http://www.mhchealthcare.org>

MHC Healthcare is an innovative, patient focused organization dedicated to providing quality healthcare to individuals of all ages regardless of insurance status or the ability to pay. At MHC, our healthcare professionals strive to provide quality, coordinated services for you and your family. We are available to you for scheduling future appointments or same-day health care during business hours, and to provide you with on-call medical providers after hours.

Services:

- Psychiatry
- Medication Management
- PCP
- Dental
- Case Management
- MAT
- Substance Use Recovery Treatment
- IOP
- DUI/Substance Use Education
- Relapse Prevention Group
- Support and Education Groups
- Individual Therapy
- Group Therapy
- Family Therapy
- Trauma-Focused Therapy
- Parenting Education and Guidance
- MRT Group
- Seeking Safety
- DBT
- Domestic Violence Therapy
- Men's Interpersonal Awareness
Domestic Violence Groups
- Women's Interpersonal Awareness
Domestic Violence Groups
- Healthy Relationships
- Employment Services Program
- Work Adjustment Program

Contact information	Referral details	Hours of Operation
Counseling and Wellness Center* OBOT 13395 N. Marana Main St. Bldg. B, Marana, AZ 85653 P: 520-682-1091 F: 520-616-6799	Call: 520-616-6760	MAT Monday: 7:30 am -5:30 pm Tuesday, Wednesday, Thursday: 7:30am – 2:30pm Friday: 8:00 am – 5:00 pm
Wilmot Family Health Center 899 N. Wilmot Rd, Tucson, AZ 85711	Call: 520-290-1100	Monday – Friday: 7:00 am – 8:00 pm

P: 520-290-1100 F: 520-290-8997		
Santa Catalina Health Center 16701 N. Oracle Rd #135, Tucson, AZ 85739 P: 520-825-6763 F: 520-825-6841	Call: 520-825-6763	Monday – Friday: 8:00 am – 5:00 pm

Mariposa Community Health Center (MCHC)

<http://www.mariposachc.net/>

We are a patient-centered health care home that ensures access to culturally appropriate, primary care and community-based education regardless of an individual's ability to pay. We facilitate access to specialty care and provide services and programs that respond to community/patient needs and encourage individual responsibility for one's health.

Services:

- Psychiatry
- Medication Management
- PCP
- Dental
- Counseling
- MAT

Contact information	Referral details	Hours of Operation
Nogales Campus *OBOT 1852 N. Mastick Way Nogales, AZ 85621 P: 520-281-1550	Call: 520-281-1550	MAT Monday – Friday: 8:00 am – 4:40 pm Saturday: 9:00 am – 1:00 pm
*OBOT 1103 Circulo Mercado Rio Rico, AZ 85648 P: 520-281-1550	Call: 520-281-1550	Monday – Saturday: 8:00 am – 5:00 pm

Native American Connections

<https://www.nativeconnections.org>

Native American Connections offers substance use treatment and general mental health services including residential treatment for substance use and co-occurring disorders. NAC has partnerships with State Regional Behavioral Health Authority (RBHA), Tribal RBHAs, Tribes, and Indian Health Services (IHS).

At Native American Connections, we combine evidence-based treatment practices with Native American healing & ceremonies to provide a holistic environment that heals the mind, body, and spirit. Our programs and services include:

Residential Substance Use Treatment and Recovery Program: Native American Connections provides inpatient, residential treatment services for substance abuse and co-

occurring behavioral health issues and disorders. Native American traditional healing anchors our evidence-based practices - creating a pathway to hope, recovery, wellness, and an improved quality of life. Clients at NAC's residential treatment centers can expect:

- Traditional Healing & Culturally Competent Recovery Methods
- Individual, Family, & Group Education
- Life skills and health education for use in daily life
- Family reunification support (with client permission)
- Parenting, healthy, relationships, domestic violence education
- Medical and medication services
- 12 step and recovery support meetings

Adult Outpatient Treatment for Substance Abuse: NAC Outpatient is here to help you strengthen and maintain recovery by providing substance use and co-occurring treatment services with our Intensive Outpatient Program (IOP). Available to all individuals 18 and older, program participants meet with NAC specialists and staff based around an 8-week program. Clients can expect exceptional services and support, including:

- Traditional healing & cultural curriculum
- Programming structured to strengthen recovery
- Counseling, case management & family support
- Peer recovery & coaching
- 12 Step Meetings
- Possible Referral to NAC Housing
- Permanent Supportive Housing

Contact information	Referral details	Hours of Operation
Outpatient Treatment Center - 4520 N. Central Avenue, Suite 100/120 and 380 Phoenix, Az 85012 P: 602-424-2060 F: 602-424-1623	Fax: 602-424-1623 Email: assessment@nativeconnections.org *Note all assessments are done at this location by walk in or by appointment*	Monday – Friday: 8:30 am – 5:00 pm
Residential Site: Patina Wellness Center 337 E. Virginia Avenue Phoenix, Az 85004 P: 602-226-4500 F: 602-226-4561	Fax: 602-424-1623 Email: assessment@nativeconnections.org	Open 24/7

Native Health

<https://www.nativehealthphoenix.org>

At NATIVE HEALTH, we strive to provide the best health care available for urban American Indians, Alaska Natives, and other individuals who generally experience barriers to holistic, patient-centered, culturally sensitive health and wellness services. All NATIVE HEALTH locations offer same-day medical appointments.

NATIVE HEALTH currently provides a wide range of programs, including primary medical, dental, behavioral health, WIC (available at four sites), and community health and wellness programs.

Services:

- Psychiatry
- Medication Management
- PCP
- Dental
- Individual, Family, and Group Counseling
- Domestic Violence Services
- DUI Education Program
- Indigenous Wellness Program

Contact information	Referral details	Hours of Operation
NATIVE HEALTH (Central): 4041 N. Central Ave. Bldg. C Phoenix, AZ 85012 P: 602-279-5262 ext. 3204 F: 602-279-5393	Fax: 602-279-5393	Monday – Friday: 8:30 am – 7:00 pm
NATIVE HEALTH WEST 2423 West Dunlap Ave. Suite 140 Phoenix, Arizona 85021 P: 602-279-5351 ext. 3533	Fax: 602-279-5393	Monday – Friday: 8:30 am – 7:00 pm
NATIVE HEALTH Mesa 777 West Southern Ave. Bldg. E Mesa, AZ 85210 P: 480-550-4048 ext. 4104	Fax: 602-279-5393	Monday – Friday: 8:00 am – 5:00 pm

New Hope Behavioral Health Center

<http://nhbhc.net/index.html>

New Hope Behavioral Health Center is a MAT Out-Patient Methadone only treatment center for members with Opioid Use Dependency. Individual and group counseling are available for members. Vocational Rehabilitation services are available for established MAT patients only.

Services Provided:

- Substance Abuse Treatment
- Detoxification
- Methadone Maintenance
- Methadone Detoxification

Contact information	Referral details	Hours of Operation
*OTP 215 S. Power Rd. Ste. 114 Mesa, AZ 85206 P: 480-981-1022 F: 480-981-1405	Call: 480-981-1022 877-508-9490	Monday – Friday: 4:30 am – 2:30 pm Wednesday: 4:30 am – 11:30 am 12:30 – 2:30 pm Saturday: 6:30 am – 8:30 am

Neighborhood Outreach Access to Health (NOAH)

<https://noahhelps.org/>

NOA is a patient-centered medical home, providing a broad array of comprehensive services and programs for all people. As a Federally Qualified Health Center, NOAH provides accessible, affordable, and confidential care for individuals and families who have little or no access to basic health care. Our integrative medical, dental, and behavioral health services are provided by an interdisciplinary health care team, which is supported with community outreach programs, and patient specific education programs. NOAH is the recognized leader as a patient-centered medical home providing high quality, innovative, sustainable, and affordable healthcare that promotes the well-being of the entire community.

Services:

- Psychiatry
- Medication Management
- Primary Care
- Dental
- Pediatrics
- Nutrition
- LGBTQ+ Care
- Counseling
- Telehealth

Contact information	Referral details	Hours of Operation
Cholla Health Center 8705 E. McDowell Rd Scottsdale, AZ 85257	Call: 480-882-4545	Monday – Friday: 7:00 am – 6:00 pm Saturday: 8:00 am – 1:00 pm
Copperwood Health Center 11851 N. 51 st Ave Ste B110 & F140 Glendale, AZ 85304	Call: 480-882-4545	Monday – Friday: 7:00 am – 5:30 pm
Desert Mission Health Center 9015 N. 3rd St Phoenix, AZ 85020	Call: 480-882-4545	Monday – Friday: 7:00 am – 6:00 pm Saturday: 8:00 am – 1:00 pm
Midtown Health Center 4131 N. 24th St Ste B102 Phoenix, AZ 85016	Call: 480-882-4545	Monday – Friday: 7:00 am – 6:00 pm

Palomino Health Center 16251 N. Cave Creek Rd Phoenix, AZ 85032	Call: 480-882-4545	Monday – Friday: 8:00 am – 5:00 pm
Venado Valley Health Center 20440 N. 27th Ave Phoenix, AZ 85027	Call: 480-882-4545	Monday – Friday: 7:00 am – 5:30 pm

Northsight Recovery

<https://www.northsightrecovery.com/>

Our clinical team of therapists and medical providers are uniquely qualified to treat mental health and psychiatric conditions that oftentimes accompany drug or alcohol abuse. NorthSight Recovery understands the importance of having healthy supports to aid in long term recovery. In addition to clinical programming, we offer services focused on care coordination and transitional housing.

Services:

- Diagnostic Assessment and Treatment Planning
- Ambulatory Detox
- MAT
- Case Management
- Psychological Testing
- Family Education and Support
- Telehealth
- Health and Wellness Classes
- Individual and Group Therapy
- IOP

Contact information	Referral details	Hours of Operation
1440 E Southern Ave Tempe, AZ 85282	Call: 800-905-6419	Monday – Friday: 8:00 am – 5:00 pm

Old Pueblo Community Services

<https://helptucson.org/>

When people face homelessness, Old Pueblo Community Services offers housing, counseling and support services to help them transform their lives.

Outreach: The Outreach team works in the Tucson community to identify persons in need of housing and linking them to housing in or outside of the OPCS system. Additionally, an outreach team enters the Arizona Department of Corrections to identify high needs individuals who will be released homeless from incarceration, and an OPCS Therapist conducts outreach in the Pima County jail to identify similar clients pending release from the jail homeless.

Homeless Work Program: provides daily employment to persons living on the streets and shelters. Typical barriers to working are removed and workers are paid daily in cash.

Homeless Medical Respite Level II: provides low barrier housing and supportive services to persons with moderate to low-risk medical conditions who are discharged homeless from hospitals.

Reentry Recovery Communities: provide a structured housing and treatment option for persons in need of moderate to intensive support services. Reentry residents participate in Intensive Outpatient Treatment services and receive case management and employment support.

Contact information	Referral details	Hours of Operation
2323 S Park Ave Tucson, AZ 85713	Call: 520-546-0122	Monday – Friday: 8:30 am – 4:00 pm

Open Hearts

<https://www.openheartsaz.org>

Our outpatient services provide comprehensive support for individuals and families facing mental health and substance use challenges. We offer a variety of therapeutic interventions and resources tailored to your unique needs, whether you are looking for help, follow-up care after inpatient treatment, or ongoing management of your well-being.

Services:

- Psychiatry
- Medication Management
- Psycho Education Groups
- Individual Therapy
- IOP
- Family Therapy & Support
- IOP

Contact information	Referral details	Hours of Operation
4414 N. 19 Ave. Phoenix, AZ 85015 P: 602-285-5550. F: 602- 285-5551	Call: Esther Calderon 602-285-5550. Fax: 602- 285-5551 Email ecalderon@openheartsaz.org	Monday – Friday: 8:00 am – 5:00 pm
3280 S. Country Club Way suite #110 Tempe, AZ 85282 P: 602-285-5550 F: 602- 285-5551	Call: Esther Calderon 602-285-5550. Fax: 602- 285-5551 Email ecalderon@openheartsaz.org	Monday – Friday: 8:00 am – 5:00 pm

People Empowering People

<https://pepofaz.com/>

People Empowering People of AZ Inc., has been serving the mental health needs of Arizona families for more than 15 years. Our agency specializes in providing outpatient services to the SMI, GMH, SU, and Deaf Populations across the valley. We treat a number of mental health disorders. Our focus is to help individuals heal, energize, and become aware of their inner strengths.

Services:

- Individual Therapy
- Family Therapy
- Group Therapy
- Couple Therapy
- DBT
- EMDR
- In home & Telehealth

Pinal Hispanic Council

<https://www.pinalhispaniccouncil.org/>

Pinal Hispanic Council offers a full and integrated continuum of behavioral health services and Court-Ordered Treatment. This allows for placing individuals in the most appropriate level of treatment for their needs and allowing step down to other services depending on specific situations. PHC recruits qualified and competent behavioral health staff to accurately assess, diagnose and treat most mental health and substance abuse problems.

Eloy Veterans Center:

- The EVC acts as a gathering place for Veterans.
- The EVC provides emergency assistance in terms of food boxes, food vouchers, transportation vouchers and fuel, prescription assistance, medical equipment and clothing and maintains a small food pantry.
- The EVC provides outreach and referrals, job searches/placement and computer access.
- The EVC provides assistance with connecting Veterans to agencies that can assist in getting Veteran benefits.
- The EVC, in partnership with the City of Eloy, established the Eloy Veterans Park, owned and maintained by the City of Eloy.
- The Veterans Community Garden serves as a place for meditation and seasonal vegetable planting.
- The EVC is working on having its first annual Eloy Wreaths Across American event where Veterans will place approximately 465 wreaths for Veterans buried at the City of Eloy Cemetery.
- The EVC hosts the annual Veterans Day and Memorial Day events in Eloy.

Services:

- Psychiatry
- Medication Management
- Assessment, Evaluation, & Diagnoses
- Case Management
- Prevention

- Crisis Intervention
- After Care Support
- Transportation
- Home-Based Therapy
- Peer Support Groups
- Wellness Program
- Permanent Supportive Housing
- Permanent Supportive Employment

Contact information	Referral details	Hours of Operation
Centro de Amistad 275 N. Grand Court Plaza Nogales, AZ 85621 P: 520-287-0015 F: 520-287-0180	Call: 520-287-0015	Monday – Friday: 8:00 am – 5:00 pm
Centro de Bienestar 1940 N. 11 th St. Douglas, AZ 85607 P: 520-364-4508 F: 520-364-6439	Call: 520-364-4508	Monday – Friday: 8:00 am – 5:00 pm
Centro de Ayuda 107 e. 4 th St. Eloy, AZ 85131 P: 520-466-0921 F: 520-466-4475	Call: 520-466-0921	Monday – Friday: 8:00 am – 5:00 pm
Centro de Conosimiento 330 N. Picacho St. Casa Grande, AZ 85122 P: 520-876-5833 F: 520-839-9702	Call: 520-876-5833	Monday – Friday: 8:00 am – 5:00 pm
Centro de Unidad 556 S. Arizona Blvd. Coolidge, AZ 85128 P: 520-723-7405 F: 520-723-7410	Call: 520-723-7405	Monday – Friday: 8:00 am – 5:00 pm

Pool of Bethesda Psychiatric Health

<https://www.pobpsychiatry.com>

We always believe in the POWER OF STORYTELLING. Our approach is to listen to your story without any rush. Listening to your opinion about your care is what matters the most. We also include mental healthcare needs based on your values and beliefs. Your family's healthcare needs are also important to us. Children, teenagers, and adults, everyone is welcome here. We may also include supportive therapy during your visit. Our mission is to provide you with low cost but high-quality care and to help you heal from your past trauma, inspire you to transform your body, mind, and soul so you can live your best life.

Services:

- Psychiatric Evaluation and Medication Management
- Medication Review and Follow up
- Medication Bridge
- Eating Disorders
- Trauma Care & PTSD
- CBT
- Individual Therapy
- Trauma Focused CBT
- EMDR
- Telepsychiatry

Contact information	Referral details	Hours of Operation
Surprise 18747 N Reems Rd, Bldg 3 suite 500 Surprise, AZ 85374	Call: 877-396-5133	Monday – Friday: 8:00 am – 5:00 pm Saturday 8:00 am – 12:00 pm
Green Valley 210 W Continental Rd, Suite 244-A Green Valley, AZ 85622	Call: 877-396-5133	Monday – Friday: 8:00 am – 5:00 pm Saturday 8:00 am – 12:00 pm

Recovia

<https://www.recovia.com>

Substance use often co-occurs with mental health issues such as depression, anxiety, and PTSD. Without treatment and support for long-standing mental health issues, it can be difficult to stop the behavior of using substances to cope. Recovia helps to restore mental health function by motivating and helping clients understand how to tolerate discomfort, regulate emotions, become more mindful, and learn new skills and behavioral routines.

Therapeutic Services:

- EMDR
- CBT
- Mindfulness-Based Stress Reduction
- ART Therapy
- Pain Education
- Individual and Group Counseling
- Biofeedback
- Detox
- Taper
- MAT

Services Include:

- Psychosocial Education Anxiety
- Intensive Outpatient Program (IOP)
- Physical Therapy
- Chronic Pain
- MAT
- PT-Based Yoga
- Dry Needling

Contact information	Referral details	Hours of Operation
6553 E. Baywood Ave. # 209 Mesa, AZ 85206 P: 602-441-1750 F: 602-428-7045	Call: 480-712-4600 HUB@recovia.com	Monday – Friday: 8:00 am – 6:00 pm

Recovia - Deer Valley 19636 N 27th Ave Suite 106 Phoenix, AZ 85027 P: 480-712-4600 F: 602-428-7045	Call: 480-712-4600 HUB@recovia.com	Monday – Friday: 8:00 am – 6:00 pm
Recovia - Tempe 1910 E Southern Ave Tempe, AZ 85282 P: 480-712-4600 F: 602-428-7045	Call: 480-712-4600 HUB@recovia.com	Monday – Friday: 8:00 am – 6:00 pm
Recovia - Northern 2411 W Northern Ave Suite 201 Phoenix, AZ 85021 P: 480-712-4600 F: 602-428-7045	Call: 480-712-4600 HUB@recovia.com	Monday – Friday: 8:00 am – 6:00 pm
Recovia Grant Rd Eastside 6400 E Grant Rd #170 Tucson, AZ 855715	Call: 520-600-2716 HUB@recovia.com	Monday – Friday 8:00 am – 5:00 pm

Regional Center for Border Health Inc.

<http://www.myfamilybihs.org>

Regional Center for Border Health, Inc. /Family Behavioral Integrated Health Services, is an integrated comprehensive, and continuum primary behavioral healthcare model. Outpatient behavioral health services are for families, children, adult & youth. RCBHI is a certified to address DUI, and Misdemeanor Offender Domestic Violence Screening, and Education.

Services:

- Children & Adult Services
- 24-Hour On-Call Services
- Psychiatric Services
- Medication Management
- Individual & Family Therapy
- Employment Services
- Peer/Family/Direct Services
- Substance Abuse Evaluation & Treatment
- MAT
- Case Management
- Support Groups
- Transportation
- DUI Screening, Education & Treatment
- Domestic Violence Service
- Court-Ordered Treatment

Contact information	Referral details	Hours of Operation
San Luis Walk in Clinic, Inc. Family Behavioral Health Integrated Services 1896 E. Babbitt Lane San Luis, AZ 85349 P: 928-722-6112 F: 928-550-5466	Call: 928-722-6112	Monday – Friday: 7:00 am - 6:00 pm

Family Behavioral Health Integrated Services 214 W. Main St. Somerton, AZ 85350 P: 928-627-1120 F: 928-627-8315	Call: 928-627-1120 20	Monday – Friday: 7:00 am – 6:00 pm
Family Behavioral Health Integrated Services 1130 E. Main St. Somerton, AZ 85350 P: 928-627-2017 F: 928-627-2168	Call: 928-627-2717	Monday – Friday: 8:00 am – 5:00 pm
San Luis Urgent Care 1233 S. Main Street, Suite 1 A San Luis, AZ 85349 P: 928- 550-5514 F: 928-550-5160	Call: 928- 550-5514	Monday - Saturday: 9:00 am – 9:00 pm
950 E. Main St., Bldg. B Somerton, AZ 85350 P: 928- 236-8001	Call: 928-256-4110	Monday - Friday: 7:00 am – 6:00 pm
601 W. Riverside Dr., Suite 4 Parker, AZ 85344 P: 928-256-4110	Call: 928-256-4110	Monday - Friday: 8:00 am – 5:00 pm

Resilient Health

<https://www.resilienthealthaz.org/>

Resilient Health offers services related to addiction, mental health challenges, family challenges, sexual and gender identity challenges, and physical health challenges.

First Episode Psychosis:

Provides counseling and psychiatric services for individuals who are facing their first experiences of psychosis, from the ages of 15-30, as well as family support. Also provides supportive services for employment and education.

Services:

- Psychiatry
- Telehealth
- Medical Management
- PCP
- MAT
- SUD groups
- Pre-Job Training
- Peer Support
- Art Awakenings
- Individual Therapy
- Family Therapy
- Group Therapy
- EMDR
- CBT

Contact information	Referral details	Hours of Operation
Main Office 2255 W. Northern Ave. B100 Phoenix, AZ 85021	Call: 602-995-1767 Or 877-779-2470 Email: Referral@rhaz.org	Monday – Thursday: 8:00 am - 5:00 pm Friday: 8:00 am – 4:30 pm
1st Street 1415 N. 1 st St. Phoenix, AZ 85004 P: 602-595-5447	Call: 602-995-1767 Or 877-779-2470 Email: Referral@rhaz.org	Monday, Tuesday, Thursday: 8:00 am - 6:00 pm Wednesday: 8:00 am - 7:00 pm Friday: 8:00 am – 5:00 pm
Lakeshore Drive 4655 S. Lakeshore Dr. Tempe, AZ 85282 P: 480-894-1568	Call: 602-995-1767 Or 877-779-2470 Email: Referral@rhaz.org	Monday - Thursday: 9:00 am – 3:30 pm Wednesday: 10:00 am – 3:30 pm Friday: 9:00 am – 4:30 pm
Ash Avenue 4665 S. Ash Ave. Suite G-1 Tempe, AZ 85282 P: 480-831-3082	Call: 602-995-1767 Or 877-779-2470 Email: Referral@rhaz.org	Monday – Friday: 8:00 am - 5:00 pm
Tucson Adult 412 N. 6 th Ave. Suite 100 Tucson, AZ 85705	Call: 520-792-2801	Monday – Friday: 8:00 am - 5:00 pm
Yuma 1314 S. 4 th Ave. Suite B & C Yuma, AZ 85364	Call: 928-344-3870	Monday – Friday: 8:00 am - 5:00 pm
Casa Grande 309 W. 2 nd St. Casa Grande, AZ 85122	Call: 602-995-1767 Or 877-779-2470 Email: Referral@rhaz.org	Monday – Friday: 8:00 am - 5:00 pm
Douglas 1023 F Ave. Douglas, AZ 85607	Call: 520-805-0049	Monday – Friday: 8:00 am - 5:00 pm

Gilbert – Higley Road 3271 E. Queen Creek Rd. Building 2, Suite. 101 Gilbert, AZ 85297	Call: 602-995-1767 Or 877-779-2470 Email: Referral@rhaz.org	Monday – Friday: 8:00 am - 5:00 pm
Parker 820 S. California Ave. Suite 104 Parker, AZ 85344	Call: 928-669-5415	Monday – Friday: 8:00 am - 5:00 pm

Scottsdale Recovery

<https://scottsdalerecovery.com/>

Scottsdale Recovery Center is a beacon of healing and hope for those who struggle with addiction; offering support and education to their families and a lifeline of services to the community in which they live.

Services Include:

- IOP
- MAT
- Dual Diagnoses
- Relapse Prevention
- Family Workshops
- Peer Certification
- Native American Program
- EMDR Therapy
- Trauma Therapy
- PTSD Therapy
- Equine Therapy
- Life Skills & Coaching
- Guided Meditation
- Holistic Treatment

Contact information	Referral details	Hours of Operation
8149 N 87 th Place Scottsdale, AZ 85258 P: 602-346-9142	Call: 602-346-9142	Monday – Friday: 8:00 am – 8:30 pm

Sonoran Prevention Works

<http://www.spwaz.org/>

Sonoran Prevention Works, Overdose Education and Naloxone Distribution Program provides free overdose prevention recognition and response training to all Arizonans. This program provides professional and in-service trainings and community trainings to individuals at risk for overdose and their loved ones. The OEND program offers free Naloxone kits to any one across the state. This program also offers technical assistance and train-the-trainer opportunities for organizations interested in implementing overdose prevention and Naloxone programming.

Prevention Services:

Staying Safe and Healthy:

- Fentanyl test strips
- Overdose prevention kits
- Quitting one drug while managing the use of another
- Wound care education

Getting Basic Needs Met:

- Food, water, and shelter

- Transportation to medical appointments/job interviews
- HIV/Hepatitis C screening

Contact information	Referral details	Hours of Operation
340 E Dunlap Ave Phoenix, AZ 85020 P: 480-442-7086	At Risk for an Overdose Call: 480-442-7086	Monday – Friday: 9:30 am-5:00 pm
2579 N 1st Ave Tucson, AZ 85719 P: 520-442-7688	At Risk for an Overdose Call: 480-442-7086	Monday – Friday: 9:00 am – 5:00 pm

Southwest Behavioral and Health Services

<https://www.sbhservices.org/>

SB&H offers an array of programs to meet the unique needs of the communities we serve. These include outpatient mental health treatment and psychiatric services including medication monitoring; assistance for persons with addictions; intensive inpatient care for persons in crisis; residential housing, in-home and supported housing services; prevention services, community outreach and school-based counseling; services throughout the lifespan for members with Autism Spectrum Disorder (ASD); and four opioid replacement clinics throughout the state. More recently, integrated care and value based contracting have been initiated to offer a more flexible and culturally sensitive approach to clients served and resolve the historical challenges of fragmented care. SB&H continues to foster a whole healthcare model by seeking out opportunities and innovative approaches to treatment that focus on integrated care at its core.

Services:

- Psychiatry
- Medication Management
- Case Management
- Individual, Family, Group Counseling
- Health & Wellness
- MAT
- DUI offender Education
- Domestic Violence Offender Education
- PCP (Broadway OP, Buckeye OP, Kingman OP, Mesa OP, Metro OP)
- Telehealth

Contact information	Referral details	Hours of Operation
Main Office 3450 N. 3 rd St. Phoenix, AZ 85012 P: 602-265-8338	Call: 602-265-8338	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm

7th Avenue Outpatient *OTP 1424 S. 7 th Ave., Bldg. C Phoenix, AZ 85007 P: 602-258-3600	Call: 602-265-8338	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Broadway Outpatient 4420 S. 32 nd St. Phoenix, AZ 85040 P: 602-268-8748	Call: 602-265-8338	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Buckeye Outpatient 26428 W. MC85 Buckeye, AZ 85326 P: 623-882-9906	Call: 602-265-8338	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Empowerment Center 302 W. Aero Dr. Payson, AZ 85541 P: 928-474-2668	Call: 602-265-8338	Monday – Friday: 8:00 am – 4:00 pm
Erickson Outpatient 2632 E. Thomas Rd., #100 Phoenix, AZ 85016 P: 602-957-2507	Call: 602-265-8338	Monday – Thursday: 8:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm
Mesa Outpatient 1255 W. Baseline Rd., Suite #138 Mesa, AZ 85202 P: 480-820-5422	Call: 602-265-8338	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Metro Outpatient 11221 N. 28 th Dr., Bldg. E Phoenix, AZ 85029 P: 602-997-2233	Call: 602-265-8338	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
Aero 404 W. Aero Dr. Payson, AZ 85541 P: 928-474-3303	Call: 602-265-8338	Monday – Thursday: 7:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm

Southwest Network

<http://www.southwestnetwork.org/>

Southwest Network offers General Mental Health/Substance Use (GMHSU) services to help our members overcome their obstacles and achieve greater health, wellness, and happiness. Whether you're struggling with new pressures, navigating a life transition, or simply seeking to feel more peaceful, our highly experienced Phoenix-area counselors and therapists can help. Our specialists can also assist with substance use issues and medication management.

At our Children's/GMHSU sites, we also assist youth and young adults as they transition to the adult system of care. This includes providing services in conjunction with our Transition to Independence Process (TIP) Program that focuses on youth engagement, future planning, and skill-building through a person-centered, strength-based approach.

Services include:

- Psychiatric evaluations
- Substance abuse evaluations
- Crisis intervention
- Medication
- Case management
- Language services
- MAT
- Peer and family support
- Housing Support
- Transportation Assistance
- Therapy

Contact information	Referral details	Hours of Operation
Osborn Clinic *OBOT 3640 W Osborn Rd. Ste 1 Phoenix, AZ 85019 P: 602-269-5300 F: 602-269-5380	Call: 602-269-5300	Monday – Friday 7:00 am – 6:00 pm
Saguaro Clinic *OBOT 3227 E Bell Road, #170 Phoenix, AZ 85201 P: 602-652-3500 F: 602-652-3582	Call: 602-652-3500	Monday – Friday 7:00 am – 6:00 pm
San Tan Clinic *OBOT 1465 W Chandler Blvd, #A Chandler, AZ 85224 P: 480-497-4040 F: 480-857-3005	Call: 480-786-8200	Monday – Friday 7:00 am – 6:00 pm
Admin Office 2700 N Central Ave, #1050 Phoenix, AZ 85004 P: 602-266-8402 F: 602-264-0887	Call: 602-266-8402	Monday – Friday 8:00 am – 5:00 pm
Central Valley 2444 East University Dr., Suite 150 Phoenix, AZ 85034 P: 602-304-0014 F: 602-304-0190	Call: 602-304-0014	Monday – Friday: 8:00 am -6:00 pm

Chandler Clinic 3140 N. Arizona Ave., Suite 113 Chandler, AZ 85225 P: 480.497.4040 ext. 4040 F: 480.497.4041	Call: 602-304-0014	Monday – Thursday: 8:00 am -6:00 pm Friday: 8:00 am -5:00 pm
Bell Road 9051 West Kelton Ln., Suite 13 Peoria, AZ 85382 P: 623-815-5700 F: 623-815-5759	Call: 623-815-5700	Monday – Thursday: 8:00 am -6:00 pm Friday: 8:00 am -5:00 pm

Spectrum Healthcare

<https://www.spectrumhealthcare-group.com/>

Spectrum offers statewide services at our multiple locations, via telehealth, at our curbside extensions, and with Anywhere Care services that will meet you wherever you are. We take pride in the accessible and whole person care we offer.

Services:

- Telehealth
- Psychiatry
- Medication Management
- Primary Care
- Pain Management
- Therapy
- Recovery Services
- Crisis Services

Contact information	Referral details	Hours of Operation
11024 N. 28 th Dr Ste 110A Phoenix, AZ 85029	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm
4524 N. Maryvale Pkwy #260 Phoenix, AZ 85031	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm
221 E Indianola Ave Phoenix, AZ 85012	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm Appointment only
1420 N. Greenfield RD #101 Gilbert, AZ 85234	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm

225 E. Main St Mesa, AZ 85201	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm
1200 N. Country Club Rd Tucson, AZ 85716	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm
3633 Crossings Dr Prescott, AZ 86305	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm
8 E. Cottonwood St Cottonwood, AZ 86326	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm
651 W. Mingus Ave Cottonwood, AZ 86326	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm
636 Main St Cottonwood, AZ 86326	Call: 877-634-7333	Monday – Friday: 8:00 am – 5:00 pm

Strategies for Success

<https://www.strategiesforsuccessaz.com/>

Strategies for success takes a collaborative approach to care, providing patients with a care team and multiple service to help them meet their goals, so they can achieve their best self.

Services:

- Telehealth
- Psychiatry
- Medication Management
- Substance Use Disorder
- IOP
- Therapy
- Group Therapy
- CBT
- EMDR
- Accelerated Response Therapy (ART)
- Trauma
- Mindfulness Training,
- Group Classes

Contact information	Referral details	Hours of Operation
3377 S. Price Rd Suite 103 Chandler, AZ 85248	Call: 480-252-5152	Monday – Wednesday: 8:00 am – 9:00 pm Thursday: 7:30 am – 6:00 pm Friday: 8:00 am – 7:00 pm Saturday: 8:00 am – 5:00 pm Sunday: 7:00 am – 6:00 pm

5656 S. Power Rd C-Suite 140 Gilbert, AZ 85295	Call: 480-252-5152	Monday: 8:00 am – 6:00 pm Tuesday & Wednesday: 9:00 am – 7:00 pm Thursday: 6:00 am – 7:00 pm Friday: 8:00 am – 7:00 pm Saturday: 8:00 am – 5:00 pm
42104 N. Venture Dr Unit C-122 Anthem, AZ 85086	Call: 480-252-5152	Tuesday: 8:00 am- 8:00 pm Wednesday: 10:00 am – 9:00 pm Thursday: 10:00 am – 9:00 pm Friday: 8:00 am – 5:00 pm Saturday: 8:00 am – 7:00 pm
14441 W. McDowell Rd suite B-102 Goodyear, AZ 85395	Call: 480-252-5152	Monday & Tuesday: 9:00 am – 9:00 pm Wednesday: 9:00 am – 5:00 pm Thursday: 9:00 am – 7:00 pm Friday: 9:00 am – 7:00 pm Saturday: 8:00 am – 5:00 pm
1179 E. Cottonwood Ln Suite 7 Casa Grande, AZ 85122	Call: 480-252-5152	Monday: 9:00 am – 8:00 pm Tuesday-Thursday: 9:00 am – 7:00 pm Friday: 9:00 am – 5:00 pm Saturday: 9:00 am – 3:00 pm

Terros

<https://www.terroshealth.org/>

Terros Health is a health care company focused on the whole person, providing primary care and specializing in mental health and substance use treatment for over 50 years. We help people live their lives in recovery and we save lives every day.

Primary Medical Care:

- Health Screenings
- Well Woman Exams
- Well Man Exams
- Immunizations
- Sports and Work Physicals
- Family Planning
- Family Focused Care
- Chronic Symptom Management
- Specialty Care Coordination
- Phlebotomy Services
- Pharmacy
- Preventive Care
- Smoking Cessation
- Safe Sex Education
- Telehealth

- Health, Nutrition and Weight Loss Coaching
- HIV/STI Testing and Treatment

Health and Wellness Care:

- Health Screenings
- Mindfulness
- Wellness University Class
- Nutritional Counseling
- Chronic Disease Prevention
- Depression and Anxiety Screening
- Preventive Care
- Primary Care Group Visits
- Smoking Cessation
- Health Education
- Lifestyle Coaching and Counseling

Counseling and Group Sessions:

- Group counseling
- Family Therapy
- Psychiatric Medication Services
- Coaching and classes
- SMI services- adult
- Wellness classes
- Care Coordination
- Telehealth
- Special Counseling (EMDR, DBT)
- Individual Counseling
- Crisis Services
- Support Groups
- Day Treatment

Addiction Treatment:

- Medication Assisted Treatment (MAT)
- Group Counseling
- Specialty Counseling (EMDR, DBT)
- Psychiatric Medication Services
- Serious Mental Illness Services
- Intensive Outpatient
- Standard Outpatient
- Adult Therapies
- Family Therapy
- Wellness Classes
- Support Groups
- Care Coordination
- Day Treatment
- Individual Counseling
- 24-Hour Residential Care
- Sober Living
- Crisis Services

Contact information	Referral details	Hours of Operation
Campbell Avenue Counseling 3385 N. Campbell Ave. Tucson, AZ 85719	Call: 602-685-6000	Monday – Friday: 8:00 am – 5:00 pm Saturday: 9:00 am – 2:00 pm
Stapley Drive Integrated Care 1111 S. Stapley Dr. #5060 Mesa, AZ 85204 P: 602-302-7900	Call: 602-685-6000	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 5:00 pm Primary Care Monday – Thursday: 7:30 am – 5:00 pm

Broadway Road Counseling 1232 E. Broadway Rd. #120 Tempe, AZ 85282 P: 602-685-600	Call: 602-685-6000	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 5:00 pm
Priest Drive Recovery Center 1642 S. Priest Dr. Bldg. 6 – Ste. 101 Tempe, AZ 85281	Call: 602-685-6000	Monday – Friday: 7:00 am – 5:30 pm Primary Care Monday – Thursday: 7:30 am – 5:00 pm
McDowell Road Integrated Care 4909 E. McDowell Rd. #7735 Phoenix, AZ 85008 P: 602-302-7860	Call: 602-685-6000	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 5:00 pm <i>Primary Care</i> Monday, Wednesday, Friday: 7:30 am – 6:00 pm
Central Corporate Office 3003 N. Central Ave. #200 Phoenix, AZ 85012 P: 602-685-6000	Call: 602-685-6000	Monday – Friday: 8:00 am – 5:00 pm
32nd Street Counseling 12835 N. 32 nd St. Phoenix, AZ 85032	Call: 602-685-6000	Monday – Friday: 8:00 am – 5:00 pm
27th Avenue Integrated Care 3864 N. 27 th Ave. Phoenix, AZ 85017	Call: 602-685-6000	Monday -Thursday: 8:00 am – 8:00 pm Friday -Saturday: 8:00 am – 5:00 pm <i>Primary Care:</i> Monday – Thursday: 8:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm
23rd Avenue Recovery Center 8804 N. 23 rd Ave., Ste. A1/A2 Phoenix, AZ 85021	Call: 602-685-6000	Monday – Thursday: 7:30 am - 5:30 pm Friday: 7:30 am-5:00 pm
Community Prevention 3202 N. 35 th Ave. #8 Phoenix, AZ 85017	Call: 602-685-6000	Monday – Friday: 9:00 am – 5:00 pm

51st Avenue Recovery Center 4616 N. 51 st Ave., Ste. 108 Glendale, AZ 85301	Call: 602-685-6000	<i>Recovery Center:</i> Monday – Friday: 7:00 am – 5:00 pm <i>LADDER:</i> Monday – Friday: 8:00 am – 5:00 pm <i>Primary Care:</i> Monday – Friday: 7:30 am – 5:30 pm
Olive Avenue Integrated Care 6153 W. Olive Ave. Glendale, AZ 85302	Call: 602-685-6000	Monday -Thursday: 8:00 am – 8:00 pm Friday – Saturday: 8:00 am – 5:00 pm <i>Primary Care:</i> Tuesday – Friday: 8:00 am – 6:00 pm
HIV & STI Services 333 E. Indian School Rd. Phoenix, AZ 85012	Call: 602-685-6000	Monday – Friday: 9:00 am – 4:30 pm
Phoenix Mobile Crisis 1802 E. Thomas Rd. Phoenix, AZ 85016	Call: 602-222-9444	

Valle del Sol

<http://www.valledelsol.com/>

Valle del Sol offers an integrated approach to healthcare. Primary healthcare services are offered for children and adults in addition to behavioral health services. Combining primary care and mental health services allows for an integrated health care team to treat the whole person: mind, body, and spirit. Services include Medication Management, Counseling for Families, Individual, and Groups.

24/7 Behavioral Health: Through this program, we provide 24/7 crisis intervention for individuals with serious mental illness or substance use disorders, including opioid use disorders; children and adolescents with serious emotional disturbance; and individuals with co-occurring mental and substance disorders. This is currently available at our South Phoenix and Central Phoenix location and is open to any member of the community.

Court-Ordered Treatment:

Programming for individuals who are court -ordered or non-court ordered to complete the following treatment:

- Anger Management
- Parenting
- Domestic Violence
- Substance Abuse
- DUI

Outpatient Opioid Treatment Program:

If you have an opiate addiction of at least 12 months and are at least 18 years old, Valle del Sol can help through a comprehensive Outpatient Opioid Treatment Program. Medication-

assisted treatment program (MAT) uses Methadone or Suboxone along with individual and group counseling.

Contact information	Referral details	Hours of Operation
Central Phoenix 24/7 3807 N. 7 th St. Phoenix, AZ 85014 P: 480-407-4246	Call: 602-523-9312	Monday – Thursday: 7:00 am to 7:00 pm Friday: 7:00 am to 5:00 pm
West Phoenix 502 N. 27 th Ave. Phoenix, AZ 85009 P: 480-407-4347	Call: 602-523-9312	Monday – Thursday: 8:00 am to 7:00 pm Friday: 8:00 am - 5:00 pm
South Phoenix 24/7 *OTP 1209 S. 1 st Ave. Phoenix, AZ 85003 P: 480-436-7409	Call: 602-258-6797 EXT. 1600 Email: opioid@valledelsol.com	Mondays – Friday: 4:30 am – 4:00 pm Saturday: 6:00 am – 12:00 pm
Central Phoenix 4117 N. 17 th St. Phoenix, AZ 85016 P: 480-407-4323 F: 602-218-8651	Call: 602-218-8650 Email: CourtOrdered@valledelsol.com	Screenings/Assessments Monday – Friday 9:00 am – 4:00 pm
Maryvale 8410 W. Thomas Rd., Ste. 116 Phoenix, AZ 85037 P: 480-407-4297 F: 602-218-8651	Call: 602-218-8650 Email: CourtOrdered@valledelsol.com	Screenings/Assessments Monday – Friday 9:00 am – 4:00 pm
Southeast Valley 4135 S. Power Rd., Ste. 108 Mesa, AZ 85212 P: 480-407-4334	Call: 602-523-9312	Monday & Tuesday: 8:00 am – 5:00 pm Wednesday: <i>By appointment only</i> Thursday: 8:00 am – 4:00 pm
East Valley *OTP 334 W. 10 th Pl., Ste. 100 Mesa, AZ 85201 P: 480-407-4360	Call: 602-258-6797 EXT. 1600 Email: opioid@valledelsol.com	Monday – Friday: 4:30 am – 11:00 am Saturday: 6:00 am – 12:00 pm

Wellbeing Institute

<https://wellbeingaz.org/>

The Wellbeing Institute provides mental health and substance abuse services. Services offered via telehealth: Psychiatric evaluation, Medication Management, Individual therapy, and IOP.

Services:

- Psychiatry
- Geriatric Psychiatry
- Medication Management
- Case Management
- Individual Therapy
- Family Therapy
- Couples Therapy
- Grief & Loss
- Trauma
- EMD
- SUD
- MAT
- IOP (SUD)
- IOP (Trauma Recovery)
- Onsite Pharmacy

Contact information	Referral details	Hours of Operation
Primary Address 3875 N. 1 st Ave Tucson, AZ 85719	Call: 520-225-0584	Monday – Friday: 8:00 am – 5:00 pm
Secondary Address 3615 N. Prince Village Place Suite 121 Tucson, AZ	Call: 520-225-0584	Monday – Friday: 8:00 am – 5:00 pm

SUPPORT GROUPS

Al-Anon Family Groups

888-425-2666 | <https://al-anon.org/>

Self-support for the family and friends of alcoholics and adult children of alcoholics.

Alcoholics Anonymous

520-624-4183 | <https://aatucson.org/>

840 S. Campbell Avenue.

Fellowship of men and women who maintain sobriety through sharing experience, strength, and hope.

AZ Smoker's Helpline

800-556-6222 | www.ashline.org

CO-ANON

602-492-4537 | <https://co-anon.org/>

A fellowship for family and friends of someone who is chemically dependent on cocaine.

Co-Dependents Anonymous (CODA)

888-444-2359 | <https://coda.org/>

12-step self-help group for people who are working on healthy relationships.

Debtors Anonymous

800-421-2383 | <https://www.debtorsanonymous.org/>

12-step program for people who have debt and cannot stop spending.

Depression and Bi-Polar Support Alliance

312-642-0049 | <https://www.dbsalliance.org/>

Offers education and support groups to people with depression and bi-polar disorder.

Gamblers Anonymous

520-540-7779 (Tucson) 602-266-9784 (Phoenix) |

<http://www.gamblersanonymous.org/ga/>

Self-help group for compulsive gamblers.

Narcotics Anonymous

844-991-2962 | <http://www.natucson.org>

12-step program where people manage their addiction to narcotics.

Nicotine Anonymous

877-879-6422 | <http://nicotine-anonymous.org>

12-step support group for people wishing to stop using nicotine.

Overeaters Anonymous

505-891-2664 | <https://oa.org/>

A 12-step group for people who wish to stop compulsive eating.

Sex Addicts Anonymous

713-869-4902 | <https://saa-recovery.org/>

12-step recovery program providing support for people with compulsive sexual behaviors.

Survivors of Incest Anonymous

877-742-9761 <https://siawso.org/>

12-step program for non-offending adult survivors of childhood sexual abuse.

Survivors of Suicide

<https://empactsos.org/support-groups/>

Support group for family and friends of people who died by suicide.